

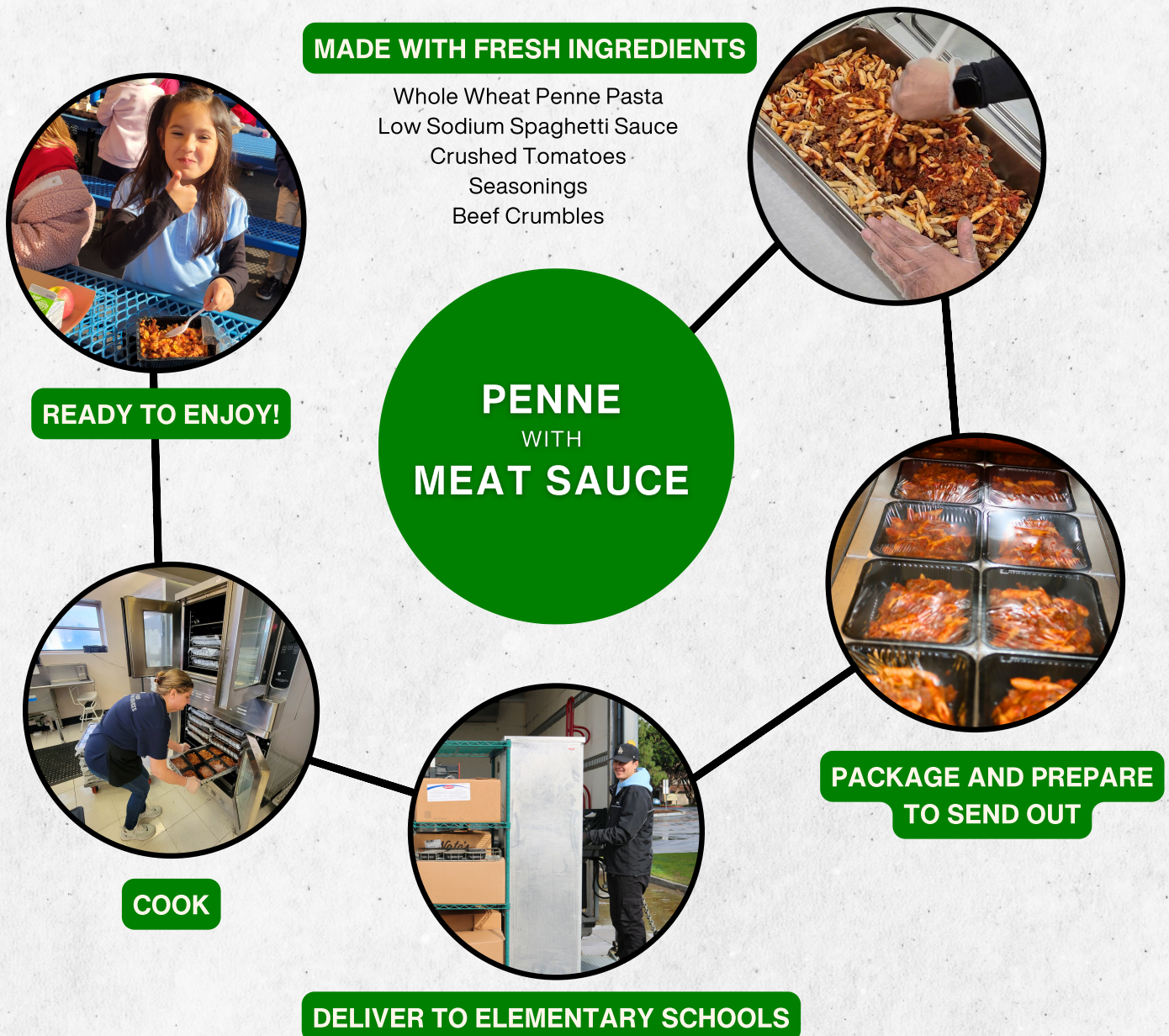
# NUTRITION SERVICES

COVINA-VALLEY UNIFIED SCHOOL DISTRICT

Winter 2024 Newsletter

## DID YOU KNOW NUTRITION SERVICES FRESHLY PREPARES MEALS FOR ELEMENTARY SCHOOLS?

Our elementary school menu includes freshly prepared meals. High school cafeteria staff prepare and package meals made with fresh ingredients. Wholesome meals like our penne with meat sauce (featured below), cheese enchiladas, and chicken teriyaki with veggie brown rice are featured on our winter menu. These made-from-scratch entrees always contain whole grains, lean-protein, and vegetables. See how the meals are prepared below!





## WHAT'S ON THE MENU?



Scan the QR code or visit [c-vusd.org](http://c-vusd.org) and click on **Nutrition Services** to see what delicious and nutritious meals will be served each day.



Sausage & Cheese  
Biscuit Sandwich



Orange Chicken  
Rice & Broccoli



Cheese Enchiladas  
Rice & Beans



Turkey  
Wrap



## NUTRITION SERVICES FOOD RECOVERY PROGRAM EXPANDS AND IMPACTS THE LOCAL COMMUNITY

Nutrition Services has expanded its food recovery program districtwide in an effort to support the local community. Through the non-profit organization, Food Finders, local food pantries such as Shepherd's Pantry and Project 29:11, are able to receive food and beverage donations that would otherwise be discarded after daily school meal service.

For the 2023-24 school year, school cafeterias have donated more than 6,000 pounds of these items. Food items vary but often include fruits and vegetables, milk cartons, and unserved breakfast and lunch main entrees.

Donations through Food Finders began in the Spring of 2022 at half of Covina-Valley schools. Local food pantries distribute donations throughout the San Gabriel Valley including Covina, Glendora, El Monte, and Baldwin Park.



Nutrition Services has recovered food items since 2017 through its popular "Share Table" program that allows students to leave or take unopened food items from their peers.



Share table items are placed in designated areas at each school where students can place unopened, unused items they choose not to eat after going through the meal service line. During meal service students have the opportunity to take any of the items on the share table and enjoy an additional serving of their favorite foods.



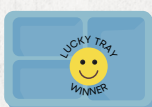
Check menus for exact dates.

### FEBRUARY

Valentine's Day



Lucky Tray Day



### MARCH

Read Across America Day



National School Breakfast Week

