## 2023-2024 Breakfast Menu - Horseheads Intermediate \& Middle

Choose $\mathbf{1}$
Breakfast on a Stick
Cinnamon Roll
Whole Bagel
[w/ PB or Cream Cheese
\& Jelly or Margarine]

OR

## Choose 1 or 2

Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar NY Yogurt

AND
Choose 1 or 2; must take 1 Fresh or Cupped Fruit 100\% Fruit Juice

AND

1 Carton of Milk
Tuesday
Wednesday $\quad$ Thursday

## Choose 1

Breakfast Sandwich Cinnamon Roll Whole Bagel [w/ PB or Cream Cheese
\& Jelly or Margarine]


## Choose 1 or 2

Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar NY Yogurt

AND
Choose 1 or 2; must take 1 Fresh or Cupped Fruit 100\% Fruit Juice


1 Carton of Milk
Chocolate Croissant
Cinnamon Roll
Whole Bagel
[w/ PB or Cream Cheese
\& Jelly or Margarine]

## OR

## Choose 1 or 2

Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar NY Yogurt

## AND

Choose 1 or 2; must take 1
Fresh or Cupped Fruit 100\% Fruit Juice


1 Carton of Milk

## Choose 1

French Toast Sticks
Cinnamon Roll
Whole Bagel
[w/ PB or Cream Cheese
\& Jelly or Margarine]


## Choose 1 or 2

 Assorted Cereal Goldfish Graham Cracker Smart Choice Muffin Top Breakfast Oatmeal Bar NY Yogurt
## AND

Choose 1 or 2; must take 1
Fresh or Cupped Fruit 100\% Fruit Juice


1 Carton of Milk

Friday

## Choose 1

Breakfast Pizza
Cinnamon Roll
Whole Bagel
[w/ PB or Cream Cheese
\& Jelly or Margarine]


## Choose 1 or 2

Assorted Cereal
Goldfish Graham Cracker
Smart Choice Muffin Top Breakfast Oatmeal Bar NY Yogurt

## AND

Choose 1 or 2; must take 1
Fresh or Cupped Fruit 100\% Fruit Juice

AND

1 Carton of Milk

## IMPORTANT NOTE:

A complete breakfast must consist of a minimum of 3 items,
and 1 item must be a serving of fruit or fruit juice.

BREAKFAST PRICES:
Student Meal - \$0.00

If you have a food allergy or need allergy info, please notify the Food Service Office.

