



# INGLEWOOD UNIFIED SCHOOL DISTRICT

401 S. Inglewood Avenue, Inglewood, California 90301 phone: (310) 419-2700

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Dear Parents:

We are once again renewing our commitment to making sure that all of our students are fully prepared for academic success. We all recognize that hungry children cannot learn. The first step is ensuring that all students begin the school day with a nutritious breakfast at home or at school.

Our school is part of the Community Eligibility Provision (CEP), which provides free breakfast and lunch to all students, regardless of income. No advance registration is necessary, your child can eat every day or only occasionally. These supervised meals meet all government nutritional guidelines, and our staff work to provide students with a variety of choices.

Breakfast will be available starting at 7:30 at all TK-8th grade levels and at 8:00am at all High School levels. If breakfast at home is not convenient, please take advantage of breakfast here at school.

Thank you for helping us to make sure that all of our students start the school day alert, well fed and ready to learn.

Sincerely,

Food Services Department



# Breakfast is served here!



Rise and shine and get ready to dine... with us! Did you know that we serve breakfast daily at all of our schools?



## Fun Fact!

Students who eat breakfast closer to class and test-taking time perform better on standardized tests.

This institution is an equal opportunity provider.



Courtesy of LunchAssist © 2024



# ¡Aquí se sirven desayunos!

Levántate y prepárate ¡el desayuno esta esperandote!  
¿Sabían que servimos desayunos a diario en todas  
nuestras escuelas?



## Dato curioso

Los alumnos que desayunan antes de clases y de tomar los exámenes obtienen mejores calificaciones en las pruebas estandarizadas.

Fuente: Centro de Investigación y Acción Alimentaria (FRAC)

Esta institución ofrece igualdad de oportunidades.