



Lee County Schools Elementary Menus for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1 Pancake Sandwich	April 2 Lemon Bread	April 3 Ham & Cheese Croissant	April 4 Berry Bread
	Meatballs in Marinara Garlic Knots Roasted Broccoli Sweet Carrots Diced Pears Milk	<i>Picnic Lunch</i> Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Popcorn Chicken Potato Roasters Green Beans Frosted NC Berries Milk	Wild Mike's Cheese Bites Romaine Salad Buttery Corn Marinara Cup Diced Peaches Milk
April 7 Donut Hole Cup	April 8 Waffle Sandwich	April 9 <i>Berry Bread</i>	April 10 Sausage Biscuit	April 11 Mini Cinnamon Rolls ' '
Hamburger French Fries Baked Beans Diced Peaches Milk	Popcorn Chicken Mashed Potatoes Green Beans Grapes Giggles Milk	<i>Picnic Lunch</i> Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Macho Nacho Ranchero Pintos Salsa Cup Diced Pears Milk	Pizza Sticks Buttery Corn Marinara Cup Frosted NC Berries Milk
April 14	April 15	April 16	April 17	April 18
April 21	April 22 Donut Hole Cup	April 23 Lemon Bread	April 24 Manager's Choice	April 25 Cinnamon Toast Crunch
	Hamburger French Fries Baked Beans Diced Pears Milk	<i>Picnic Lunch</i> Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Manager's Choice 2 Vegetables 1 Fruit Milk	French Bread Pizza Romaine Salad Buttery Corn Marinara Cup Frosted NC Berries Milk
April 28 Donut Hole Cup	April 29 Chicken Biscuit	April 30 Berry Bread	May 1 Manager's Choice	May 2 Ham & Cheese Croissant
Chicken Sandwich French Fries Baked Beans Diced Pears Milk	Chicken Alfredo w Bread Stick Romaine Salad Roasted Broccoli Fresh NC Strawberries Milk	<i>Picnic Lunch</i> Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Manager's Choice 2 Vegetables 1 Fruit Milk	Pepperoni Pizza Romaine Salad Buttery Corn Diced Peaches Milk

Nutrition Byte Every Youth Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep, having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing

sports, or other activities you enjoy are all important. Healthy youth are better prepared to learn and thrive! Everyone can take action during Every Kid Healthy™ Week and throughout the year. **Nutrilink:** Learn more and find resources at actionforhealthykids.org.

- Prepare and choose nutritious foods and beverages.
- Move more for fitness.
- Be kind to yourself and others.
- Serve as a role model for health and wellness.

- Learn about your local wellness policy for your school district and find ways you can get involved.
- Promote and support wellness for your school, family, and community.