



Elementary Menu for August 2025

Monday August 4	Tuesday August 5	Wednesday August 6	Thursday August 7	Friday August 8
August 11	August 12	August 13 Sausage Biscuit Ranchero Pizza Buttery Corn Fiesta Black Beans Salsa Cup Cool Tropics Milk	August 14 Ham & Cheese Croissant Southern Fried Chicken Corn Muffin Green Beans Mashed Potatoes Applesauce Milk	August 15 Chicken Biscuit Pizza Cheese Sticks Fresh Garden Salad Marinara Cup Fresh NC Watermelon Milk
August 18 Pancake Sandwich Cheeseburger In Paradise French Fries Baked Beans Fresh NC Blueberries Milk	August 19 Breakfast Pizza Meatballs & Garlic Knot Garden Salad Sweet Carrots Fresh NC Peach Milk	August 20 Egg & Cheese Croissant ACP Bowl Ranchero Pintos Chips & Salsa Diced Pears Milk	August 21 Yogurt & Granola Philly Steak Onions & Peppers Potato Roasters Strawberry Cup Milk	August 22 Pancake on Stick Big Daddy Pizza Party Fresh Garden Salad Buttery Corn Fresh NC Watermelon Milk
August 25 Sausage Biscuit Cheesy Cavatappi Texas Toast Fresh Garden Salad Roasted Broccoli Fresh NC Peach Milk	August 26 Ham & Cheese Croissant Chicken Quesadilla Fiesta Black Beans Chips & Salsa Papaya & Mango Cup Milk	August 27 Pancake on Stick Cheeseburger in Paradise French Fries Baked Beans Cool Tropics Milk	August 28 Chicken & Waffles Chicken Tenders & Biscuits Mashed Potatoes Green Beans Applesauce Milk	August 29 Chicken Biscuit French Bread Pizza Fresh Garden Salad Marinara Cup Fresh NC Watermelon Milk

Nutrition Byte

Food, Fitness, Fun, and Farm to Summer!

#NCFarmtoSummer benefits youth, School and Summer Nutrition Programs, schools, farms, families, and communities. Summer is peak growing season for local farms. Purchasing locally grown food supports farmers and communities. Serving locally grown foods at their peak offers the best quality, variety, taste, nutritional value, and cost. #NCFarmtoSummer activities can be interactive and fun!

N.C. School and Summer Nutrition Programs, schools, community organizations, youth, and families are encouraged to take the #NCFarmtoSummer Challenge:

- Serve and eat locally grown foods in meals and/or snacks.
- Learn and teach about locally grown foods, agriculture, and nutrition.
- Post or share about #NCFarmtoSummer activities.

- Plan to participate in the #NCCrunch to taste and learn about North Carolina-grown fruits and vegetables for #FarmtoSchool Month in October.

You can join in the farm to summer fun! Buy, prepare, serve, and promote locally grown foods. Learn about and try growing local food.

Nutrilink: Find resources at <https://bit.ly/3l5noab>.

Did you know N.C. Summer Nutrition Programs offer food, fitness, fun, and farm to summer for youth when school is out? Text FOOD or COMIDA to 304-304 to find summer meals near you. **Nutrilink:** Find info at summermeals4nckids.org.