













Lee County Schools Elementary Menus for March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
March 3	March 4	March 5	March 6	March 7
Donut Hole Cup	Chicken Biscuit	Berry Bread	Pancake on Stick	Cinnamon Toast Crunch
Hotdog French Fries Baked Beans Strawberry Cup	Chicken Alfredo w Bread Stick Romaine Salad Roasted Broccoli	Picnic Lunch Turkey Ham Sandwich Baby Carrots w Dip Pickles	Popcorn Chicken Mashed Potatoes Green Beans Applesauce Cup	French Bread Pizza Romaine Salad Buttery Corn Marinara Cup
Milk	Grape Giggles Milk	Local Fresh Apple Slices Milk	Milk	Diced Pears Milk
March 10	March 11	March 12	March 13	March 14
Teacher Work Day	Donut Hole Cup	Pancake Sandwich	Lemon Bread	Ham & Cheese Croissant
	Chicken Sandwich French Fries Baked Beans Mixed Fruit Milk	Meatballs in Marinara Garlic Knots Roasted Broccoli Sweet Carrots Diced Pears Milk	Picnic Lunch Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Wild Mike's Cheese Bites Romaine Salad Buttery Corn Marinara Cup Diced Peaches Milk
March 17	March 18	March 19	March 20	March 21
Donut Hole Cup	Waffle Sandwich	Berry Bread	Sausage Biscuit	Mini Cinnamon Rolls '
Hamburger French Fries Baked Beans Diced Peaches Milk	Chicken Tenders Mashed Potatoes Green Beans Applesauce Cup Milk	Picnic Lunch Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Macho Nacho Ranchero Pintos Shredded Lettuce Salsa Cup Mighty Mango Milk	Pizza Sticks Romaine Salad Buttery Corn Marinara Cup Mixed Fruit Milk
March 24	March 25	March 26	March 27	March 28
Donut Hole Cup	Chicken Biscuit	Berry Bread	Pancake on Stick	Cinnamon Toast Crunch
Hotdog French Fries Baked Beans Strawberry Cup Milk	Chicken Alfredo w Bread Stick Romaine Salad Roasted Broccoli Grape Giggles Milk	Picnic Lunch Turkey Ham Sandwich Baby Carrots w Dip Pickles Local Fresh Apple Slices Milk	Popcorn Chicken Mashed Potatoes Green Beans Applesauce Cup Milk	French Bread Pizza Romaine Salad Buttery Corn Marinara Cup Diced Pears Milk
March 31		Offered Daily at Breakfast		
Donut Hole Cup		Assorted Pop Tarts Assorted Cereal		
Chicken Sandwich French Fries		Assorted Cereal Bars Yogurt/Graham when		
Baked Beans Mixed Fruit Milk		available		

Nutrition Byte

Clue In To School Breakfast!

Did you wake up to school breakfast this morning? Do you know that breakfast can help you in school? Breakfast is brain fuel!

Breakfast is the most important meal of the day because it...

- Strengthens the brain.
- Helps establish healthy eating habits.
- Offers an opportunity to try new foods.
- Improves mood and behavior.
- Gives you energy.
- Keeps you healthy.

Try school breakfast. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free milk. All students can participate.

March 3-7 is National School Breakfast Week (NSBW). The #NSBW2025 theme is "Clue In To School Breakfast". It reminds everyone how school breakfast provides a healthy, energizing start to a day of learning. Fit, healthy students are ready to learn.

 $\label{lem:number_number_number} \textbf{Nutrilink:} \ \ \text{For NSBW info and resources, visit} \ \ \underline{\text{www.schoolnutrition.org.}}. \ \ \text{For more info on school breakfast in our state, visit} \ \ \underline{\text{https://go.ncdpi.gov/ncschoolmeals.}}.$

With all these benefits, why wouldn't you eat breakfast?

