



## Lee County Schools Elementary Menus for November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>November 3</b> Chicken Biscuit  Premium Chicken Sandwich French Fries Baked Beans <i>Mountain Local Apple</i> Milk	<b>November 4</b>  Teacher Work Day	<b>November 5</b> Bagel w Strawberry Cream Cheese  Premium Chicken Nuggets Corn On the Cob Mashed Potatoes Diced Peaches Milk	<b>November 6</b> French Toast  <b>NC Farmer Appreciation Day</b> House of Raeford Corndog Nuggets Local Cooked Cabbage Maple Glazed Sweet Potatoes Local Mountain Apples Milk	<b>November 7</b> Egg & Cheese Biscuit  Pepperoni Pizza Fresh Garden Salad Buttery Corn Georgia Cutie Clementine Milk
<b>November 10</b> Sausage Biscuit  Chicken Alfredo Breadstick Fresh Garden Salad Roasted Broccoli <i>Mountain Local Apple</i> Milk	<b>November 11</b>  Veterans Day	<b>November 12</b> Yogurt & Granola  Beefy Nachos Ranchero Pintos Fiesta Corn Salsa Sour Cream Diced Pears Milk	<b>November 13</b> Ham & Cheese Croissant  <b>Breakfast for Lunch</b> Chicken Tenders w Waffle Tater Tots Green Beans Local Frosted Berries Milk	<b>November 14</b> Pancake on Stick  French Bread Pizza Fresh Garden Salad Marinara Cup Georgia Cutie Clementine Milk
<b>November 17</b> Apple & Cherry Strudel  Spaghetti Garlic Bread Fresh Garden Salad Steamed Veggies <i>Mountain Local Apple</i> Milk	<b>November 18</b> Yogurt & Granola  <b>Season of Harvest (Local)</b> Southern Fried Chicken Corn Muffin Local Whole Sweet Potato Local Sweet Kale Crunch Salad Local Berry Cobbler Milk	<b>November 19</b> Bagel w Strawberry Cream Cheese  <b>Farmers Breakfasts</b> Eggs, Sausage & Biscuit Tater Tots Onions & Peppers Salsa & Cheese Local Frosted Berries Milk	<b>November 20</b> Ham & Cheese Croissant  Grilled Cheese or PB&J Vegetable Soup Carrot Sticks w Ranch Applesauce Milk	<b>November 21</b> Chicken & Waffles  Pepperoni Pizza Fresh Garden Salad Buttery Corn Georgia Cutie Clementine Milk
<b>November 24</b> Chicken Biscuit  Premium Chicken Sandwich French Fries Baked Beans <i>Mountain Local Apple</i> Milk	<b>November 25</b> Pancake on Stick  Pizza Cheese Sticks Buttery Corn Marinara Cup Fruit Cup Milk	<b>November 26</b>  Thanksgiving Break	<b>November 27</b>	<b>November 28</b>

## Nutrition Byte

### Celebrate #NCFarmers from the Mountains to the Sea!

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmer Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 6, 2025.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at

<https://www.ncfarmerappreciation.com>. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #MountainstoSea. Tag @NCFarmersAppreciationDay.

Did you know?

- Agriculture is North Carolina's #1 industry with an economic impact of over \$100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3<sup>rd</sup> for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

**Nutrilink:** Learn more at <https://www.ncfb.org/ag-in-the-classroom>, <https://gottobenc.com>, and <https://ncfarmtoschool.com>.