




Lee County Schools Elementary Menus for October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
September 29 Chicken Biscuit Premium Chicken Sandwich French Fries Baked Beans <i>NC Crunch - Local Apple</i> Milk	September 30 Yogurt & Granola Grilled Cheese or PB&J Vegetable Soup Carrot Sticks w Ranch Applesauce Milk	October 1 Egg & Cheese Biscuit Chicken Nuggets w Roll Corn On the Cob Mashed Potatoes Diced Peaches Milk	October 2 Chicken & Waffles Meatballs w Garlic Knots Roasted Broccoli Sweet Carrots Diced Pears Milk	October 3 Sausage Biscuit Pepperoni Pizza Fresh Garden Salad Celery & Carrot Sticks <i>NC Crunch - Local Apple</i> Milk
October 6 Yogurt & Granola Chicken Alfredo Breadstick Fresh Garden Salad Roasted Broccoli <i>NC Crunch - Local Apple</i> Milk	October 7 Ham & Cheese Croissant Grilled Cheese or PB&J Vegetable Soup Carrot Sticks w Ranch Applesauce Milk	October 8 Breakfast Pizza <i>NC Farm to Table</i> Southern Fried Chicken Biscuit Maple Sweet Potatoes Collard Greens Berry Cobbler Milk	October 9 Egg & Cheese Croissant Philly Steak Potato Roasters Pinto Beans Diced Peaches Milk	October 10 Pancake on Stick French Bread Pizza Fresh Garden Salad Celery & Carrot Sticks Marinara Cup <i>NC Crunch - Local Apple</i> Milk
October 13 Sausage Biscuit <i>Italy Cuisine</i> Spaghetti Bolognese Garlic Bread Caesar Salad Steamed Veggies <i>Fresh Grapes</i> Milk	October 14 Ham & Cheese Croissant <i>Asian Cuisine</i> General Tso Chicken, Fried Rice & Egg Roll Roasted Broccoli Sweet Carrots Mandarin Oranges Milk	October 15 Yogurt & Granola <i>German Cuisine</i> Kielbasa w Roll Roasted Potatoes Bohnen (green beans) Baked Apples Milk	October 16  <div>National School Lunch Week</div>	
October 20 Chicken Biscuit Premium Chicken Sandwich French Fries Baked Beans Fruit Cup Milk	October 21 Yogurt & Granola Grilled Cheese or PB&J Vegetable Soup Veggies Juice Box Applesauce Milk	October 22 Egg & Cheese Biscuit Chicken Nuggets w Roll Corn On the Cob Mashed Potatoes Diced Peaches Milk	October 23 Chicken & Waffles Meatballs w Garlic Knots Roasted Broccoli Sweet Carrots Diced Pears Milk	October 24 Sausage Biscuit Pepperoni Pizza Fresh Garden Salad Celery & Carrot Sticks <i>NC Crunch - Local Apple</i> Milk
October 27 Yogurt & Granola Chicken Alfredo Breadstick Fresh Garden Salad Roasted Broccoli <i>NC Crunch - Local Apple</i> Milk	October 28 Ham & Cheese Croissant Grilled Cheese or PB&J Vegetable Soup Carrot Sticks w Ranch Applesauce Milk	October 29 Breakfast Pizza <i>NC Farm to Table</i> Southern Fried Chicken Biscuit Maple Sweet Potatoes Collard Greens Berry Cobbler Milk	October 30 Egg & Cheese Croissant Philly Steak Potato Roasters Pinto Beans Diced Peaches Milk	October 31 Pancake on Stick Werewolf Garlic Bread Pizza Ghostly Greens Bone Yard Veggie Sticks Monster Marinara Goblin Grapes Mummie Milk

Nutrition Byte

Taste the World with School Lunch

Did you know October 13-17 is National School Lunch Week? The #NSLW2025 theme is "Taste the World with School Lunch". Students can explore a world of flavors and foods and be ready for their next adventure by eating school lunch. School meals help students succeed in and out of the classroom.

School lunch offers students choices of whole grains, fruits, vegetables, lean proteins, and milk to fuel their day.

Students who eat school meals have more focus in class and better test scores.

Fresh Fruit Basket

Whole Fresh Fruit will be offered for Breakfast and Lunch

During NSLW, School Nutrition professionals, school staff and students will find ways to celebrate with their schools and districts through special menus, events, activities, and more. The 2025 NSLW theme allows schools to have fun, be creative, and highlight school meals and their local School Nutrition Programs.

For #NSLW2025 and all month, let's recognize our amazing, dedicated #NCSchoolNutritionHeroes for providing appealing, nutritious meals with a kind word, thank you note, social media post, etc. **Nutrilink:** For more info about school meals and NSLW, go to www.schoolnutrition.org.