### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 1

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Mon - 06/03/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 06/04/2024								
SNACK K-12 TRANSPORT	Total							
POP OATS, IW, ASST.	1 EACH	90	75	1	15.0	2.0	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		186	273	*1	15.64	9.62	4.44	0.14
% of Calories				*2.1%	33.6%	46.4%	21.4%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 06/05/2024								
SNACK K-12 TRANSPORT	Total							
MUFFIN, SNICKERDOODLE	1 EACH	529	322	*14	63.8	28.44	8.28	*0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		620	330	*32	87.00	28.81	8.36	*0.00
% of Calories				*20.7%	56.1%	41.8%	12.1%	*0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 06/06/2024								
SNACK K-12 TRANSPORT	Total							
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
SNACK-MILK, LOWFAT 1% WHITE	EACH 8 OZ.	130	160	*N/A*	16.0	2.5	1.50	0.00
Weighted Daily Average		240	257	*2	34.79	5.72	2.13	0.04
% of Calories				*2.8%	58.1%	21.5%	8.0%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 2

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 06/07/2024								
SNACK K-12 TRANSPORT	Total							
CHIPS, DORITOS VARIETY	1 EACH	130	175	0	20.0	5.0	0.75	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		221	183	18	43.20	5.38	0.83	0.00
% of Calories				33.3%	78.1%	21.9%	3.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 06/10/2024								
SNACK K-12 TRANSPORT	Total							
PRETZEL, HEARTZEL IW 104	1 EACH	86	214	*N/A*	16.07	1.61	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		182	412	*0	16.71	9.23	4.44	0.14
% of Calories				*0.0%	36.7%	45.6%	21.9%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 06/11/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, DICK&JANE, EDUCATIONAL	1 EACH	120	65	6	22.0	4.0	0.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		211	73	24	45.20	4.38	0.08	0.00
% of Calories				45.3%	85.6%	18.6%	0.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 06/12/2024								
SNACK K-12 TRANSPORT	Total							
NO-NUT BUTTER CUP, IW	1 EACH	200	130	4	8.0	17.0	3.00	0.00
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
Weighted Daily Average		310	227	*6	26.78	20.22	3.63	0.04
% of Calories				*7.3%	34.6%	58.8%	10.5%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 3

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 06/13/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 06/14/2024								
SNACK K-12 TRANSPORT GRAHAM CRACKER ASSORTED SNACK-MILK, LOWFAT 1% WHITE	Total 1 EACH EACH 8 OZ.	110 130	97 160	*2 *N/A*	18.78 16.0	3.22 2.5	0.63 1.50	0.04 0.00
Weighted Daily Average % of Calories		240	257	*2 *2.8%	34.79 58.1%	5.72 21.5%	2.13 8.0%	0.04 0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 06/17/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 06/18/2024								
SNACK K-12 TRANSPORT	Total							
POP OATS, IW, ASST.	1 EACH	90	75	1	15.0	2.0	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		186	273	*1	15.64	9.62	4.44	0.14
% of Calories				*2.1%	33.6%	46.4%	21.4%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 4

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Wed - 06/19/2024								
SNACK K-12 TRANSPORT	Total							
MUFFIN, SNICKERDOODLE	1 EACH	529	322	*14	63.8	28.44	8.28	*0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		620	330	*32	87.00	28.81	8.36	*0.00
% of Calories				*20.7%	56.1%	41.8%	12.1%	*0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 06/20/2024								
SNACK K-12 TRANSPORT GRAHAM CRACKER ASSORTED SNACK-MILK, LOWFAT 1% WHITE	Total 1 EACH EACH 8 OZ.	110 130	97 160	*2 *N/A*	18.78 16.0	3.22 2.5	0.63 1.50	0.04 0.00
Weighted Daily Average % of Calories		240	257	*2 *2.8%	34.79 58.1%	5.72 21.5%	2.13 8.0%	0.04 0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 06/21/2024								
SNACK K-12 TRANSPORT	Total							
CHIPS, DORITOS VARIETY	1 EACH	130	175	0	20.0	5.0	0.75	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		221	183	18	43.20	5.38	0.83	0.00
% of Calories				33.3%	78.1%	21.9%	3.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 06/24/2024								
SNACK K-12 TRANSPORT	Total							
PRETZEL, HEARTZEL IW 104	1 EACH	86	214	*N/A*	16.07	1.61	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		182	412	*0	16.71	9.23	4.44	0.14
% of Calories				*0.0%	36.7%	45.6%	21.9%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 5

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 06/25/2024								
SNACK K-12 TRANSPORT CRACKER, DICK&JANE,EDUCATIONAL FRUIT, FRESH-SUMMER 3/4 cup	Total 1 EACH 1/2 CUP	120 91	65 8	6 18	22.0 23.2	4.0 0.38	0.00 0.08	0.00
Weighted Daily Average % of Calories		211	73	24 45.3%	45.20 85.6%	4.38 18.6%	0.08 0.4%	0.00 0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 06/26/2024								
SNACK K-12 TRANSPORT	Total							
NO-NUT BUTTER CUP, IW	1 EACH	200	130	4	8.0	17.0	3.00	0.00
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
Weighted Daily Average		310	227	*6	26.78	20.22	3.63	0.04
% of Calories				*7.3%	34.6%	58.8%	10.5%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 06/27/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 06/28/2024								
SNACK K-12 TRANSPORT	Total							
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
SNACK-MILK, LOWFAT 1% WHITE	EACH 8 OZ.	130	160	*N/A*	16.0	2.5	1.50	0.00
Weighted Daily Average		240	257	*2	34.79	5.72	2.13	0.04
% of Calories				*2.8%	58.1%	21.5%	8.0%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 6

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 07/01/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 07/02/2024								
SNACK K-12 TRANSPORT	Total							
POP OATS, IW, ASST.	1 EACH	90	75	1	15.0	2.0	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		186	273	*1	15.64	9.62	4.44	0.14
% of Calories				*2.1%	33.6%	46.4%	21.4%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 07/03/2024								
SNACK K-12 TRANSPORT	Total							
MUFFIN, SNICKERDOODLE	1 EACH	529	322	*14	63.8	28.44	8.28	*0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		620	330	*32	87.00	28.81	8.36	*0.00
% of Calories				*20.7%	56.1%	41.8%	12.1%	*0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 07/04/2024								
SNACK K-12 TRANSPORT	Total							
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
SNACK-MILK, LOWFAT 1% WHITE	EACH 8 OZ.	130	160	*N/A*	16.0	2.5	1.50	0.00
Weighted Daily Average		240	257	*2	34.79	5.72	2.13	0.04
% of Calories				*2.8%	58.1%	21.5%	8.0%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 7

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Fri - 07/05/2024								
SNACK K-12 TRANSPORT	Total							
CHIPS, DORITOS VARIETY	1 EACH	130	175	0	20.0	5.0	0.75	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		221	183	18	43.20	5.38	0.83	0.00
% of Calories				33.3%	78.1%	21.9%	3.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 07/08/2024								
SNACK K-12 TRANSPORT	Total							
PRETZEL, HEARTZEL IW 104	1 EACH	86	214	*N/A*	16.07	1.61	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		182	412	*0	16.71	9.23	4.44	0.14
% of Calories				*0.0%	36.7%	45.6%	21.9%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 07/09/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, DICK&JANE, EDUCATIONAL	1 EACH	120	65	6	22.0	4.0	0.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		211	73	24	45.20	4.38	0.08	0.00
% of Calories				45.3%	85.6%	18.6%	0.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 07/10/2024								
SNACK K-12 TRANSPORT	Total							
NO-NUT BUTTER CUP, IW	1 EACH	200	130	4	8.0	17.0	3.00	0.00
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
Weighted Daily Average		310	227	*6	26.78	20.22	3.63	0.04
% of Calories				*7.3%	34.6%	58.8%	10.5%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 8

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 07/11/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 07/12/2024								
SNACK K-12 TRANSPORT GRAHAM CRACKER ASSORTED SNACK-MILK, LOWFAT 1% WHITE	Total 1 EACH EACH 8 OZ.	110 130	97 160	*2 *N/A*	18.78 16.0	3.22 2.5	0.63 1.50	0.04 0.00
Weighted Daily Average % of Calories		240	257	*2 *2.8%	34.79 58.1%	5.72 21.5%	2.13 8.0%	0.04 0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 07/15/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Tue - 07/16/2024								
SNACK K-12 TRANSPORT	Total							
POP OATS, IW, ASST.	1 EACH	90	75	1	15.0	2.0	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		186	273	*1	15.64	9.62	4.44	0.14
% of Calories				*2.1%	33.6%	46.4%	21.4%	0.7%
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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 9

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Wed - 07/17/2024								
SNACK K-12 TRANSPORT	Total							
MUFFIN, SNICKERDOODLE	1 EACH	529	322	*14	63.8	28.44	8.28	*0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		620	330	*32	87.00	28.81	8.36	*0.00
% of Calories				*20.7%	56.1%	41.8%	12.1%	*0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 07/18/2024								
SNACK K-12 TRANSPORT GRAHAM CRACKER ASSORTED SNACK-MILK, LOWFAT 1% WHITE	Total 1 EACH EACH 8 OZ.	110 130	97 160	*2 *N/A*	18.78 16.0	3.22 2.5	0.63 1.50	0.04 0.00
Weighted Daily Average % of Calories		240	257	*2 *2.8%	34.79 58.1%	5.72 21.5%	2.13 8.0%	0.04 0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 07/19/2024								
SNACK K-12 TRANSPORT	Total							
CHIPS, DORITOS VARIETY	1 EACH	130	175	0	20.0	5.0	0.75	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		221	183	18	43.20	5.38	0.83	0.00
% of Calories				33.3%	78.1%	21.9%	3.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Mon - 07/22/2024								
SNACK K-12 TRANSPORT	Total							
PRETZEL, HEARTZEL IW 104	1 EACH	86	214	*N/A*	16.07	1.61	0.00	0.00
CHEESE STICK IW	1 OZ. SERVING	96	198	*0	0.64	7.62	4.44	0.14
Weighted Daily Average		182	412	*0	16.71	9.23	4.44	0.14
% of Calories				*0.0%	36.7%	45.6%	21.9%	0.7%
Nutrient Guideline		846	1400			<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 10

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 07/23/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, DICK&JANE, EDUCATIONAL	1 EACH	120	65	6	22.0	4.0	0.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		211	73	24	45.20	4.38	0.08	0.00
% of Calories				45.3%	85.6%	18.6%	0.4%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Wed - 07/24/2024								
SNACK K-12 TRANSPORT	Total							
NO-NUT BUTTER CUP, IW	1 EACH	200	130	4	8.0	17.0	3.00	0.00
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
Weighted Daily Average		310	227	*6	26.78	20.22	3.63	0.04
% of Calories				*7.3%	34.6%	58.8%	10.5%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Thu - 07/25/2024								
SNACK K-12 TRANSPORT	Total							
CRACKER, CHEEZ-IT, WG .75oz	1 EACH	100	150	0	14.0	3.5	1.00	0.00
FRUIT, FRESH-SUMMER 3/4 cup	1/2 CUP	91	8	18	23.2	0.38	0.08	0.00
Weighted Daily Average		191	158	18	37.20	3.88	1.08	0.00
% of Calories				37.4%	77.8%	18.2%	5.1%	0.0%
Nutrient Guideline		846	1400			<=30.0	<10.00	

Fri - 07/26/2024								
SNACK K-12 TRANSPORT	Total							
GRAHAM CRACKER ASSORTED	1 EACH	110	97	*2	18.78	3.22	0.63	0.04
SNACK-MILK, LOWFAT 1% WHITE	EACH 8 OZ.	130	160	*N/A*	16.0	2.5	1.50	0.00
Weighted Daily Average		240	257	*2	34.79	5.72	2.13	0.04
% of Calories				*2.8%	58.1%	21.5%	8.0%	0.1%
Nutrient Guideline		846	1400			<=30.0	<10.00	

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# Jun 3, 2024 thru Jul 26, 2024

SNACK K-12 TRANSPORT

### Base Menu Spreadsheet

#### Portion Values - Detailed

Page 11

# Jun 3, 2024 thru Jul 26, 2024

### SNACK K-12 TRANSPORT

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	Portion	Cals	Sodm	Sugars	Carb	T-Fat	S-Fat	Tr-Fat <sup>1</sup>
	Size	(kcal)	(mg)	(g)	(g)	(g)	(g)	(g)
Weighted Average		259	233	*12 *41.7%	37.85 58.4%	9.68 33.6%	2.82 9.8%	*0.04 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	259		846	31%		587	-	Correction Required - Calories are Low
Sodium 1 (mg)	233		1400					
Sodium 2 (mg)	233						233	
Sugars (g)	12	18.54%			Missing			
Carbohydrate (g)	37.85	58.39%						
Total Fat (g)	9.68	33.61%	<=30.00%					Correction Required - Total Fat too High
Saturated Fat (g)	2.82	9.79%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.04	0.13%			Missing			

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