

Elementary School Menu



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July 30 - November 15, 2024



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Week 1
7/30 - 8/2
8/19 - 8/23
9/9-9/13
9/30-10/4
10/21-10/25
11/11-11/15

Breakfast & Lunch

Consists of the Following Components:
1 Grain - 1 Additional Grain or a Meat/Meat Alternative - 1 Fruit - 1 Vegetable (Lunch) - 1 Milk

*3 must be taken and 1 Component must be 1/2 cup Fruit/Vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast – Cereal* Offered Daily.				
Breakfast Pizza w/ Turkey Sausage, Assorted Frudels*	Homemade Snickerdoodle Muffin*, Orange Dream Smoothie w/ Graham*	Yogurt Parfait w/ Granola*, Oatmeal Bar w/ Graham*	Homemade Cinnamon Roll*, Yogurt Cup w/ Graham*	Sausage & Cheese Bagel Sandwich*, Breakfast Pops*
Lunch				
Mini Chicken Corn Dogs, Chicken Smackers w/ Biscuit, Bean & Cheese Burrito *	Broccoli & Chicken w/ Rice, Chicken Tacos, Cheese Pizza*	Chicken Patty Sandwich, BBQ Pulled Pork Sandwich*, Mozzarella Breadsticks*	NEW! Baja Fish Sticks, Texas Straw Hat, Breaded Mozzarella Dippers*	Hamburger, Yogurt Parfait, Toasted Cheese Sandwich*
Snack & After School Meal (ASM)				
<u>Snack:</u> Cheez-It Crackers & Fresh Fruit <u>ASM:</u> Sandwich Choice**	<u>Snack:</u> Heartzel Pretzel & Cheese Stick <u>ASM:</u> Bean & Cheese Burrito*	<u>Snack:</u> Homemade Muffin & Fresh Fruit <u>ASM:</u> Hamburger**	<u>Snack:</u> Graham Cracker & Nut-free Butter <u>ASM:</u> WOWbutter Sandwich w/ Graham*	<u>Snack:</u> Doritos Chips & Fresh Fruit <u>ASM:</u> Cheese Pizza*

WEEK ONE

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast – Cereal* Offered Daily				
Breakfast Pizza w/ Turkey Sausage, Yogurt Cup w/ Graham*	Homemade Blueberry Oat Muffin*, WOWbutter Sandwich w/ Graham*	Breakfast Burrito Choice, Pancakes w/ Syrup*	Homemade Carrot Cake Muffin*, Nutri-Grain Bar w/ Graham*	Toasted Sausage & Cheese English Muffin Sandwich+, Cinnamon Glazed French Toast Sticks*
Lunch				
Pepperoni Pizza Stuffed Sandwich, Spaghetti w/ Focaccia, Mozzarella Quesadillas*	Hot Dog, Chef's Choice, Enchilada w/Scratch Red Sauce*	Roasted BBQ Chicken w/ Biscuit, Chicken Smackers w/ Biscuit, Cheese Pizza*	CA Thursday's Vegetarian Burger* , Ham & Cheese English Muffin Sandwich, Hamburger	Chicken Dumplings w/ Teriyaki Sauce, Deli Sandwich, Breaded Mozzarella Dippers*
Snack & After School Meal (ASM)				
<u>Snack:</u> Pop Oats & Cheese Stick <u>ASM:</u> Bean & Cheese Burrito*	<u>Snack:</u> Cheez-It Cracker & Fresh Fruit <u>ASM:</u> Toasted Cheese Sandwich	<u>Snack:</u> Homemade Snickerdoodle Muffin & Milk <u>ASM:</u> Hot Dog**	<u>Snack:</u> Sunflower Seeds & Fresh Fruit <u>ASM:</u> Yogurt Protein Meal*	<u>Snack:</u> Graham Crackers & Milk <u>ASM:</u> Nacho Cheese w/ Chips*

Week 2
8/5-8/9
8/26-8/30
9/16-9/20
10/7-10/11
10/28-11/1

Breakfast & Lunch

At least 80% of our grains are Whole Grain rich

EVERY DAY we also offer:
1% White Milk - Non Fat Chocolate Milk

Fresh, local fruits & vegetables!

Week 3
8/12-8/16
9/2-9/6
9/23-9/27
10/14-10/18
11/4-11/8

Snack & After School Meal

Meal Consists of 5 Food Components:
1/4 cup Fruit
1/2 cup Vegetable
Whole Grain Item
Meat/ Meat Alternative
Milk
*3 must be taken

*Snack Consists of 2 Food Components

We Offer at Least One Whole Grain Item Daily
All Snacks are Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast – Cereal* Offered Daily				
Yogurt Cup w/ Graham*, Breakfast Pops*	Homemade Muffin Choice*, WOWbutter Sandwich w/ Graham*	Breakfast Pizza w/ Turkey Sausage, Assorted Frudels*	Homemade Scone* Oatmeal Choice*	Toasted Turkey Ham & Cheese English Muffin Sandwich, Oatmeal Bar w/ Graham*
Lunch				
Lasagna w/ Scratch Sauce & Focaccia*, Chicken & Waffle Sandwich, Nacho Cheese w/ Chips*	Chicken Smackers w/ Biscuit, Yogurt Parfait, Crispy Tenders w/ Mac & Cheese*	Chicken Patty Sandwich, Chicken Tacos w/ Cabbage, Cheese Pizza*	CA Thursday's Hot Dog Teriyaki Chicken w/ Rice, Mozzarella Breadsticks*	Toasted Turkey Ham & Cheese Sandwich, Hamburger, Pizza Bagel Bites*
Snack & After School Meal (ASM)				
<u>Snack:</u> Sunflower Seeds & Fresh Fruit <u>ASM:</u> Chicken Corn Dog Minis**	<u>Snack:</u> Doritos Chips & Cheese Stick <u>ASM:</u> Pepperoni Pizza Stuffed Sandwich**	<u>Snack:</u> Homemade Blueberry Muffin & Fruit <u>ASM:</u> Toasted Turkey-ham & Cheese Sandwich**	<u>Snack:</u> Graham Crackers & Nut-free Butter <u>ASM:</u> Cheese Pizza*	<u>Snack:</u> Sweet Crackers & Yogurt Cup <u>ASM:</u> Breaded Mozzarella Dippers*

WEEK THREE

This institution is an Equal Opportunity Provider.

* Vegetarian **Vegetarian Option Available +Contains Pork