

BREAKFAST COMBOS

Available before school and at break

FREE
for all
students

MON

Freshly Baked Scones
Banana Bread

TUES

Breakfast Burrito
Yogurt Parfait

WED

French Toast Sticks
Banana Bread

THURS

Strawberries & Cream Boli
Yogurt Parfait

FRI

Breakfast Bagel Sandwich
Banana Bread

AVAILABLE DAILY:

Breakfast Tornado
Bagel w/ Egg & Mozz Cheese
Bagel & Cream Cheese
Mini Cinnis
Muffin Variety
Assorted Cereal
Breakfast Bars

**Must take
1/2 cup of
fruit or
juice**

INCLUDES

Fresh Fruit
Yogurt (M,W,F)
Hashbrown (T,TH)
Assorted Juice
Choice of Milk



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This institution is an equal opportunity provider
Menu subject to change without notice



**Thompson
Middle School**



LUNCH COMBOS

FREE
for all
students

MON

Cheesy Garlic Toast

TUES

Beef Taco Stick

WED

Popcorn Chicken

THURS

Chef's Choice 

FRI

Jalapeno Cheesy Bites

Includes fresh fruit, applesauce, salad, carrots w/ Ranch or hummus, potato wedges or corn (Wednesday), juice, white milk or chocolate milk
Must take at least 1 fruit or vegetable

AVAILABLE DAILY:

Pepperoni Pizza	Bean & Cheese Burrito
Cheese Pizza	Hamburger
Cheesy Bosco Sticks	Cheeseburger
Chicken Burger	PB&J Snack Pack
Spicy Chicken Burger	Hummus Plate



Salads & Sandwiches

Pick Up Stix available on Wednesdays

BREAKFAST A LA CARTE

Available before school and at break



Small Yogurt	\$0.75
Fresh Fruit Bowl	\$2.00

LUNCH A LA CARTE



Berry Yogurt Parfait	\$2.00
Small Yogurt	\$0.75
Fresh Fruit Bowl	\$2.00
Fresh Whole Fruit	\$0.50
Assorted Baked Chips	\$1.00
Assorted Snacks	\$0.50-\$1.50

BEVERAGES



Milk - White or Chocolate	\$0.50
Bottled Water	\$1.00
Juice Carton	\$0.50
Bottled Juice	\$2.00
Switch Sparkling Juice	\$2.00



Visit our website to set up a MySchoolBucks account, access nutrition information and sign up to have menus e-mailed
www.MurrietaSchoolNutrition.com

Second Breakfast \$2.00 Second Lunch \$3.00