

NMUSD SMART SNACK APPROVED LIST

USDA's Smart Snacks in School standards are nutrition standards for all foods and beverages sold or served to students during the school day (up to 30 min after the final bell). The following list contains foods and beverages that are smart snack compliant. This list is not all inclusive. Serving Size* must be equal to or less than the serving size listed in order for product to be compliant.

Brand	Product Item	Serving Size*	Target	Costco	Vons Ralphs	Amazon
	Bars(Cereal, Granola, Flats)					
Quaker	Chewy Granola Bar- Oatmeal Raisin, Chocolate Chunk or Chocolate Chip	.84 oz	X	X	X	X
Clif Z Bar	Organic Chocolate Brownie, Chocolate Chip, Blueberry Muffin, Iced Oatmeal Cookie	1.26 oz	X	X	X	X
Nature Valley	Crunchy Granola Bar- Oats N Honey (2 Bars)	1.49 oz.	X	X	X	X
Nature Valley	Chewy Granola Bar- Fruit & Nut Trail Mix	1.20 oz.	X	X	X	X
Nature Valley	Soft Baked Muffin Bars- Apple Cinnamon, Blueberry	1.25 oz.	X		X	X
KIND Kids	Chewy Chocolate Chip	.82 oz	X		X	X
Nature's Bakery	Fig Bar (2 Bars)- Raspberry, Strawberry, Blueberry		X	X	X	X
	Chips, Pretzels, Popcorn & Snack Mix					
Frito- Lay	Doritos Reduced Fat Tortilla Chips- Cool Ranch, Flamas, Nacho Cheese	1 oz.	X		X	X
Frito- Lay	Baked Lay's Potato Chips- BBQ, Original, Sour Cream & Onion	1.125 oz.		X		X
Frito- Lay	Lay's Kettle Cooked 40% Less Fat Sea Salt & Vinegar Potato Chips	1.375 oz.				X
Frito- Lay	Munchies Munch Mix Snack Mix	.875 oz.				X
Frito- Lay	Rold Gold Heartzels Pretzels	.7 oz.				X
Frito- Lay	Baked Ruffles Cheddar & Sour Cream Ridged Potato Chips	.87 oz.				X
Frito- Lay	Smartfood Delight White Cheddar Popcorn	.625 oz.	X		X	X
Frito- Lay	SunChip Snack Mix - Harvest Cheddar	1 oz.				X
Frito- Lay	Tostitos Baked Scoops	.875 oz.				X
Frito- Lay	Tostitos Reduced Fat Crispy Rounds	.875 oz.				X
SkinnyPop	SkinnyPop Popcorn- (White Cheddar & Original ONLY)	0.65 oz		X	X	X
PopChips	Popchips (Sour Cream & Onion, Sea Salt ONLY)	.8 oz		X	X	X
PopChips	Popchips Ridges (Sea Salt)	.8 oz.		X	X	X
Pop CORNERS	Pop Corners (Sea Salt, Sweet & Salty Kettle Corn ONLY)	1.0 oz.		X	X	X
General Mills	Simply Chex Mix Strawberry Yogurt	1.03 oz.			X	X
General Mills	Simply Chex Mix Chocolate Caramel	1.03 oz.			X	X
General Mills	Simply Chex Mix Cheddar	1.03 oz.				X
Nabisco	Wheat Thins Snack Pack	1 oz.			X	X
	Cookies & Treats					
Frito- Lay	Grandma's Whole Grain Mini Chocolate Chip Cookies	1.22 oz.				X
Kellogg's	Whole Grain Rice Krispies Treats	1.43 oz.				X
	Yogurt & Cheese					
All Brands	String Cheese, Mozzarella Low Moisture Part Skim	28g	X	X	X	X
Original Babybel	Mini Original Snack Cheese	21g	X	X	X	X
Stonyfield Organics	Yogurt, Low Fat Cups- Blueberry/Strawberry Vanilla, Strawberry/Strawberry Banana	4 oz.			X	X
	Fruit Cups/ Fruit Snacks/ Applesauce					
All Brands	Individual Fruit Cups in Water or 100% Juice	4 oz.	X	X	X	X

All Brands	Dried Fruit with NO Added Sugar or Oil	¼ cup	X	X	X	X
Go Go Squeeze	Go Go Squeeze Applesauce Pouches (AppleApple, AppleBerry, AppleStrawberry, AppleBerry, AppleCinnamon)	1 pouch (90g)	X	X	X	X
All Brands	Applesauce Pouches with NO Added Sugar	1 pouch (90g)	X	X	X	X
	Beverages (High School ONLY)					
Gatorade	G2 Fruit Punch, Grape, Orange, Glacier Freeze, Clear Mixed Berry, Clear Tropical Punch	12 fl oz.	X		X	X
Gatorade	Gatorade Zero Glacier Cherry, Orange, Lemon Lime, Glacier Freeze	20 fl oz.	X			
Propel	Propel Berry, Grape, Kiwi Strawberry, Lemon	16.9 fl oz.	X	X	X	X
	Beverages (Middle & High School)					
Izze	Izze Sparkling Juice Blackberry, Apple, Clementine, Pomegranate	8.4 oz.	X	X	X	X
Naked Juice	Naked Juice Strawberry Banana, Mighty Mango, Green Machine, Blue Machine, Berry Blast,	10 fl. oz.		X	X	X
	100% Fruit / Vegetable Juice	<= 12 fl oz.	X	X	X	X
	Unflavored or flavored low-fat and fat-free milk	<= 12 fl oz.	X	X	X	X
	Beverages (Elementary)					
	100% Fruit / Vegetable Juice	<=8 fl oz.	X	X	X	X
	Unflavored or flavored low-fat and fat-free milk	<=8 fl oz.	X	X	X	X