

# Pittsburg Unified School District

Pittsburg Unified School District  
 Child Nutrition Office  
 3200 Loveridge Road  
 Pittsburg, CA  
 925-473-2319

## SNACK MENU January - June 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	WG Blueberry Lemon Crispy Bites Milk 8oz. (Variety)	Cheese Sticks 100% Fruit Juice 6.75oz.	WG Simply Chex Cheddar Milk 8oz. (Variety)	Fresh Apples Milk 8oz. (Variety)	WG Sun Chips Multigrain Harvest Cheddar Milk 8oz. (Variety)
	WG Pop Tarts Milk 8oz. (Variety)	Cheese Sticks 100% Fruit Juice 6.75oz.	WG Goldfish Cinnamon Giant Graham Milk 8oz. (Variety)	Bananas Milk 8oz. (Variety)	WG Cheez-Its Crackers Milk 8oz. (Variety)
	Nutrigrain Bar Milk 8oz. (Variety)	Cheese Sticks 100% Fruit Juice 6.75oz.	WG Apple Cinnamon Bear Graham Milk 8oz. (Variety)	Mandarins Milk 8oz. (Variety)	WG Goldfish Cheddar Crackers Milk 8oz. (Variety)
	WG Maple Waffle Graham Milk 8oz. (Variety)	Cheese Sticks 100% Fruit Juice 6.75oz.	Savory Bites Wheat Crackers Milk 8oz. (Variety)	Bananas Milk 8oz. (Variety)	Manager's Choice Milk 8oz. (Variety)

**Meal Pattern Requirements, Per USDA Requirements K-12**

Milk – Variety (NF Choc., 1% LF White Milk & NF White Milk)	WG – Whole Grain
Milk - 8 oz. 1 Cup	Grains/Bread – 1 slice or 1 Serving
100% Fruit Juice/Fruit – ¾ or 6.75 oz	Meat/Cheese/Protein – 1 oz
Yogurt – 4 oz	
Nuts/Seed Butter – 2 Tbsp	

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This menu meets the dietary requirements for calories, fat, saturated fat, iron, calcium, Vitamin A, Vitamin C, cholesterol, sodium and fiber for students in this age group.  
 \*\*Menu subject to substitutions 2