

Select a site group 

High School Lunch - High Schools

# APRIL 2024

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>
<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>	<b>-Choose 1-</b>
Vegetable Dumplings	Cheese Quesadilla	Banh Mi Burger	Cheese Pizza	Hippie Roll
General Tso's Chicken	Pepperoni Pizza	w/ Sub Roll	Pepperoni Pizza	w/ Dipping Sauce
over Rice	Pizza Sticks	Grilled Cheese Sandwich	Pizza Boli Bites	Grilled Cheese Sandwich
w/ Mini Cinnamon Roll	w/ Dipping Sauce	Spicy Chicken Fillet	Rosé Bolognese	Popcorn Chicken
Grilled Cheese Sandwich	Chicken Tenders	w / Bun	w/ Garlic Bread	w/ Dinner Roll
Crispy Chicken Fillet	w/ Dinner Roll	<b>-Add</b>	Buffalo Chicken Calzone	Crispy Chicken Fillet
w / Bun	Meatball Sub	American Cheese	<b>-Add-</b>	w / Bun
Beef Burger	w/ Mozzarella Cheese	<b>-OR-</b>	Kickin' Roasted Veggies	Beef Burger
w / Bun	<b>-Add-</b>	<b>-Choose 2 Grains-</b>	<b>-Garden Vegetable Bar-</b>	w / Bun
<b>-Add</b>	Potato Wedges	Rice	House Salad	<b>-Add</b>
American Cheese	<b>-Garden Vegetable Bar-</b>	Corn Tortilla Chips	Cauliflower Florets	American Cheese
Green Beans	Greek Salad	Flour Tortilla	Sliced Beets	Mashed Potatoes
<b>-Garden Vegetable Bar-</b>	Baby Carrots	<b>-Choose 1 Protein-</b>	<b>-Fruit Bar-</b>	w/ Gravy
Broccoli Florets	Celery Sticks	Southwest Chicken	Mandarin Orange Cup	Parmesan Broccolini
Sliced Tomatoes	<b>-Fruit Bar-</b>	Spicy Beef	Strawberry Shortcake	<b>-Garden Vegetable Bar-</b>
& Pickles	Chilled Peaches	<b>-Add-</b>	Fresh Banana	Pomegranate Blueberry Spinach Salad
Sliced Bermuda Onions	Frozen Mixed Berry Cup	Golden Queso		Shredded Romaine Lettuce
<b>-Fruit Bar-</b>	Apple Wedges	Refried Beans		Sliced Tomatoes
Chilled Pears & Blueberries		<b>-Garden Vegetable Bar-</b>		& Pickles
Fresh Grape Clusters		Shredded Romaine Lettuce		Sliced Bermuda Onions
Grapefruit Wedges		Sliced Tomatoes		Baby Carrots
		& Pickles		Cucumber Slices
		Baby Carrots		<b>-Fruit Bar-</b>
		Corn Salad		Fresh Apple
		Pico de Gallo		Chilled Mixed Fruit
		<b>-Fruit Bar-</b>		Clementine
		Chilled Pineapple Chunks		
		Fresh Grape Clusters		
		Orange Wedges		

8**-Choose 1-**

Grilled Cheese Sandwich  
Crispy Chicken Fillet  
w / Bun  
Beef Burger  
w / Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Mini Cinnamon Roll  
Rice

**-Choose 1 Protein-**

Dragon Fire Chicken  
Chicken Kabob

**-Add-**

Stir Fried Cabbage

**-Garden Vegetable Bar-**

Tossed Salad  
Celery Sticks  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Grape Tomatoes

**-Fruit Bar-**

Chilled Mixed Fruit  
Orange Wedges  
Applesauce Cup

9**- No School Today -**10**- No School Today -**11**-Choose 1-**

Cheese Pizza  
Pepperoni Pizza  
Jalapeno Poppers  
Lasagna  
w/ Garlic Bread

**-OR-****-Choose 2 Grains-**

Penne Pasta  
Garlic Bread

**-Choose 1 Protein-**

Crispy Chicken Fillet  
Meatballs

**-Add-**

Steamed Broccoli

**-Garden Vegetable Bar-**

House Salad  
Baby Carrots  
Sliced Beets

**-Fruit Bar-**

Fresh Strawberries  
Fruit Crisp  
Pear Wedges

12**-Choose 1-**

Pepperoni & Cheese  
Stromboli  
w/ Dipping Sauce  
Grilled Cheese Sandwich  
All Beef Hot Dog  
w / Bun  
w/ Cheese Sauce  
Crispy Chicken Fillet  
w / Bun  
Beef Burger  
w / Bun

**-Add**

American Cheese  
Baked Beans  
Curly Fries

**-Garden Vegetable Bar-**

Sunny Broccoli &  
Cauliflower Toss  
Tossed Salad  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Grape Tomatoes

**-Fruit Bar-**

Graham Banana Bites  
Kiwi Wedges  
Chilled Peaches

15**-Choose 1-**

Vegetable Dumplings  
 General Tso's Chicken  
 over Rice  
 w/ Mini Cinnamon Roll  
 Grilled Cheese Sandwich  
 Crispy Chicken Fillet  
 w / Bun  
 Beef Burger  
 w / Bun

**-Add**

American Cheese  
 Green Beans  
**-Garden Vegetable Bar-**  
 Tossed Salad  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions  
**-Fruit Bar-**  
 Chilled Pears & Blueberries  
 Fresh Grape Clusters  
 Grapefruit Wedges

16**-Choose 1-**

Cheese Quesadilla  
 Pepperoni Pizza  
 Pizza Sticks  
 w/ Dipping Sauce  
 Chicken Tenders  
 w/ Dinner Roll  
 Meatball Sub  
 w/ Mozzarella Cheese

**-Add-**

Potato Wedges  
**-Garden Vegetable Bar-**  
 Greek Salad  
 Baby Carrots  
 Celery Sticks  
**-Fruit Bar-**  
 Chilled Peaches  
 Frozen Mixed Berry Cup  
 Apple Wedges

17**-Choose 1-**

Banh Mi Burger  
 w / Bun  
 Grilled Cheese Sandwich  
 Spicy Chicken Fillet  
 w/ Sub Roll

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Corn Tortilla Chips  
 Rice  
 Flour Tortilla

**-Choose 1 Protein-**

Southwest Chicken  
 Spicy Beef

**-Add-**

Refried Beans

**-Garden Vegetable Bar-**

Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles

Baby Carrots

**-Fruit Bar-**

Chilled Pineapple Chunks  
 Fresh Pear  
 Orange Wedges

18**-Choose 1-**

Cheese Pizza  
 Pepperoni Pizza  
 Pizza Boli Bites  
 Rosé Bolognese  
 w/ Garlic Bread  
 Buffalo Chicken Calzone

**-Add-**

Kickin' Roasted Veggies

**-Garden Vegetable Bar-**

House Salad  
 Cauliflower Florets  
 Sliced Beets

**-Fruit Bar-**

Mandarin Orange Cup  
 Strawberry Shortcake  
 Fresh Banana

19**-Choose 1-**

Hippie Roll  
 w/ Dipping Sauce  
 Grilled Cheese Sandwich  
 Popcorn Chicken  
 w/ Dinner Roll  
 Crispy Chicken Fillet

w / Bun

Beef Burger

w / Bun

**-Add**

American Cheese  
 Mashed Potatoes  
 w/ Gravy

Parmesan Broccolini

**-Garden Vegetable Bar-**

Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles

Sliced Bermuda Onions

Baby Carrots

**-Fruit Bar-**

Fresh Apple  
 Chilled Mixed Fruit  
 Clementine

22**-Choose 1-**

Grilled Cheese Sandwich  
Crispy Chicken Fillet  
w / Bun  
Beef Burger  
w / Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Mini Cinnamon Roll  
Rice

**-Choose 1 Protein-**

Dragon Fire Chicken  
Chicken Kabob

**-Add-**

Stir Fried Cabbage

**-Garden Vegetable Bar-**

Layered Lettuce Salad  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Celery Sticks

**-Fruit Bar-**

Chilled Mixed Fruit  
Orange Wedges  
Applesauce Cup

23**-Choose 1-**

Buffalo Chicken Calzone  
Pepperoni Pizza  
Pizza Sticks  
w/ Dipping Sauce  
Fiesta Queso Macaroni & Cheese  
w/ Dinner Roll  
Turkey Ham & Cheese  
Croissant

**-Add-**

Tomato Basil Soup

**-Garden Vegetable Bar-**

Greek Salad  
Baby Carrots

**-Fruit Bar-**

Fresh Grape Clusters  
Mandarin Orange Cup  
Chilled Pineapple Chunks

24**-Choose 1-**

Chicken Enchilada  
w/ Fiesta Rice  
Grilled Cheese Sandwich  
Spicy Chicken Fillet  
w / Bun  
Beef Burger  
w / Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Corn Tortilla Chips  
Gordita Bread

**-Choose 1 Protein-**

Spicy Beef  
Southwest Chicken

**-Add-**

Golden Queso  
Esquites  
**-Garden Vegetable Bar-**  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions

**-Fruit Bar-**

Mango Pineapple Salsa  
Apple Wedges  
Frozen Peach Cup

25**-Choose 1-**

Cheese Pizza  
Pepperoni Pizza  
Jalapeno Poppers  
Lasagna  
w/ Garlic Bread

**-OR-****-Choose 2 Grains-**

Penne Pasta  
Garlic Bread

**-Choose 1 Protein-**

Crispy Chicken Fillet  
Meatballs

**-Add-**

Alfredo Sauce  
or Marinara Sauce

**-Add-**

Steamed Broccoli

**-Garden Vegetable Bar-**

House Salad  
Baby Carrots  
Sliced Beets

**-Fruit Bar-**

Fresh Strawberries  
Fruit Crisp  
Pear Wedges

26**-Choose 1-**

Pepperoni & Cheese  
Stromboli  
w/ Dipping Sauce  
Grilled Cheese Sandwich  
All Beef Hot Dog  
w / Bun  
w/ Cheese Sauce  
Crispy Chicken Fillet  
w / Bun  
Beef Burger  
w / Bun

**-Add**

American Cheese  
Baked Beans  
Curly Fries

**-Garden Vegetable Bar-**

Tossed Salad  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions

**-Fruit Bar-**

Graham Banana Bites  
Kiwi Wedges  
Chilled Peaches

29**-Choose 1-**

Vegetable Dumplings  
 General Tso's Chicken  
 over Rice  
 w/ Mini Cinnamon Roll  
 Grilled Cheese Sandwich  
 Crispy Chicken Fillet  
 w / Bun  
 Beef Burger  
 w / Bun

**-Add**

American Cheese  
 Green Beans

**-Garden Vegetable Bar-**

Tossed Salad  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions

**-Fruit Bar-**

Chilled Pears & Blueberries  
 Fresh Grape Clusters  
 Grapefruit Wedges

30**-Choose 1-**

Cheese Quesadilla  
 Pepperoni Pizza  
 Pizza Sticks  
 w/ Dipping Sauce  
 Chicken Tenders  
 w/ Dinner Roll  
 Meatball Sub  
 w/ Mozzarella Cheese

**-Add-**

Potato Wedges

**-Garden Vegetable Bar-**

Greek Salad  
 Baby Carrots  
 Celery Sticks

**-Fruit Bar-**

Chilled Peaches  
 Frozen Mixed Berry Cup  
 Apple Wedges

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