

Select a site group 

Lunch - Middle Schools

APRIL 2024

1	2	3	4	5
-Choose 1-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-	-Choose 1 Protein & Grain-
Vegetable Dumplings	Chicken Enchilada	Crispy Chicken	Lasagna	Popcorn Chicken
Chicken Teriyaki	Spicy Beef Soft Tacos	w / Bun	w/ Garlic Bread	w/ Dinner Roll
over Rice	w/ Cheese	Pepperoni & Cheese Stromboli	Corn Dog Nuggets	Mini Calzones
w/ Dinner Roll	Cheese Pizza	w/ Dipping Sauce	Cheese Quesadillas	w/ Dipping Sauce
Honey Fire Chicken	-Add-	Jalapeno Poppers	-Add-	Meatball Sub
over Rice	Refried Beans	-Add-	Green Beans	w/ Mozzarella Cheese
w/ Dinner Roll	-Garden Vegetable Bar-	Curly Fries	-Garden Vegetable Bar-	-Add-
-Add-	Shredded Romaine Lettuce	-Garden Vegetable Bar-	House Salad	Mashed Potatoes
Stir Fried Cabbage	Corn Salad	Broccoli Florets	Baby Carrots	w/ Gravy
-Garden Vegetable Bar-	-Fruit Bar-	Shredded Romaine Lettuce	Cauliflower Florets	Parmesan Broccolini
Baby Carrots	Fresh Pear	Sliced Tomatoes	-Fruit Bar-	-Garden Vegetable Bar-
Celery Sticks	Chilled Peaches	& Pickles	Orange Wedges	Tossed Salad
-Fruit Bar-	Applesauce Cup	-Fruit Bar-	Strawberry Shortcake	Grape Tomatoes
Fresh Apple		Fresh Banana	Chilled Pineapple Chunks	-Fruit Bar-
Frozen Peach Cup		Mandarin Orange Cup		Fresh Apple
Chilled Pears & Red Grapes		Fresh Grape Clusters		Grapefruit Wedges
				Chilled Mixed Fruit

8**-Choose 1 Protein & Grain-**

Buffalo Chicken Calzone
 Fiesta Queso Macaroni &
 Cheese
 w/ Dinner Roll
 Pepperoni Pizza

-Add-

Kickin' Roasted Veggies

-Garden Vegetable Bar-

Greek Salad
 Baby Carrots
 Celery Sticks

-Fruit Bar-

Fresh Pear
 Chilled Peaches
 Applesauce Cup

9**- No School Today -**10**- No School Today -**11**-Choose 1-**

Penne Marinara
 w/ Garlic Bread
 Penne Alfredo
 w/ Garlic Bread

-Choose 1 Protein-

Crispy Chicken Fillet
 Meatballs

-OR-**-Choose 1 Protein & Grain-**

All Beef Hot Dog
 w / Bun

-Add-

Steamed Broccoli

-Garden Vegetable Bar-

House Salad
 Baby Carrots
 Cauliflower Florets

-Fruit Bar-

Chilled Pineapple Chunks
 Fresh Pear
 Fresh Strawberries

12**-Choose 1 Protein & Grain-**

Pizza Sticks
 w/ Dipping Sauce
 Spicy Chicken
 w / Bun

Grilled Cheese Sandwich

-Add-

Baked Beans

-Garden Vegetable Bar-

Baby Spinach
 Grape Tomatoes
 Cucumber Slices

-Fruit Bar-

Fresh Melon
 Chilled Mixed Fruit
 Graham Banana Bites

15**-Choose 1-**

Vegetable Dumplings

Chicken Teriyaki

over Rice

w/ Dinner Roll

Honey Fire Chicken

over Rice

w/ Dinner Roll

-Add-

Stir Fried Cabbage

-Garden Vegetable Bar-

Greek Salad

Baby Carrots

Celery Sticks

-Fruit Bar-

Fresh Apple

Frozen Peach Cup

Chilled Pears & Red Grapes

16**-Choose 1 Protein & Grain-**

Chicken Enchilada

Spicy Beef Soft Tacos

w/ Cheese

Cheese Pizza

-Add-

Refried Beans

-Garden Vegetable Bar-

Shredded Romaine Lettuce

Corn Salad

-Fruit Bar-

Fresh Pear

Chilled Peaches

Applesauce Cup

17**-Choose 1 Protein & Grain-**

Crispy Chicken

w / Bun

Pepperoni & Cheese

Stromboli

w/ Dipping Sauce

Jalapeno Poppers

-Add-

Curly Fries

-Garden Vegetable Bar-

Broccoli Florets

Shredded Romaine Lettuce

Sliced Tomatoes

& Pickles

-Fruit Bar-

Fresh Banana

Mandarin Orange Cup

Fresh Grape Clusters

18**-Choose 1 Protein & Grain-**

Lasagna

w/ Garlic Bread

Corn Dog Nuggets

Cheese Quesadillas

-Add-

Green Beans

-Garden Vegetable Bar-

House Salad

Baby Carrots

Cauliflower Florets

-Fruit Bar-

Orange Wedges

Strawberry Shortcake

Chilled Pineapple Chunks

19**-Choose 1 Protein & Grain-**

Popcorn Chicken

w/ Dinner Roll

Mini Calzones

w/ Dipping Sauce

Meatball Sub

w/ Mozzarella Cheese

-Add-

Mashed Potatoes

w/ Gravy

Parmesan Broccolini

-Garden Vegetable Bar-

Tossed Salad

Grape Tomatoes

-Fruit Bar-

Fresh Apple

Grapefruit Wedges

Chilled Mixed Fruit

22**-Choose 1 Protein & Grain-**

Buffalo Chicken Calzone
 Fiesta Queso Macaroni &
 Cheese
 w/ Dinner Roll
 Pepperoni Pizza

-Add-

Kickin' Roasted Veggies

-Garden Vegetable Bar-

Layered Lettuce Salad
 Baby Carrots
 Celery Sticks

-Fruit Bar-

Fresh Pear
 Chilled Peaches
 Applesauce Cup

23**-Choose Grains**

Corn Tortilla Chips
 w/ Rice

-Choose 1 Protein-

Southwest Chicken
 Spicy Beef

-Add-

Golden Queso
 Esquites

-Garden Vegetable Bar-

Shredded Romaine Lettuce
 Pico de Gallo

-Fruit Bar-

Apple Wedges
 Chilled Pears & Blueberries
 Frozen Peach Cup

24**-Choose 1 Protein & Grain-**

Chicken Tenders
 w/ Garlic Bread
 Cheeseburger
 Pizza Boli Bites

-Add-

Sunshine Carrots

-Garden Vegetable Bar-

Tossed Salad
 Sliced Tomatoes
 & Pickles
 Broccoli Florets

-Fruit Bar-

Fresh Banana
 Orange Wedges
 Fruit Crisp

25**-Choose 1-**

Penne Marinara
 w/ Garlic Bread
 Penne Alfredo
 w/ Garlic Bread

-Choose 1 Protein-

Crispy Chicken Fillet
 Meatballs

-OR-**-Choose 1 Protein & Grain-**

All Beef Hot Dog
 w / Bun

-Add-

Steamed Broccoli

-Garden Vegetable Bar-

House Salad
 Baby Carrots
 Cauliflower Florets

-Fruit Bar-

Chilled Pineapple Chunks
 Fresh Pear
 Fresh Strawberries

26**-Choose 1 Protein & Grain-**

Pizza Sticks
 w/ Dipping Sauce
 Spicy Chicken
 w / Bun

Grilled Cheese Sandwich

-Add-

Baked Beans

-Garden Vegetable Bar-

Baby Spinach
 Grape Tomatoes
 Cucumber Slices

-Fruit Bar-

Fresh Melon
 Chilled Mixed Fruit
 Graham Banana Bites

29**-Choose 1-**

Vegetable Dumplings

Chicken Teriyaki

over Rice

w/ Dinner Roll

Honey Fire Chicken

over Rice

w/ Dinner Roll

-Add-

Stir Fried Cabbage

-Garden Vegetable Bar-

Greek Salad

Baby Carrots

Celery Sticks

-Fruit Bar-

Fresh Apple

Frozen Peach Cup

Chilled Pears & Red Grapes

30**-Choose 1 Protein & Grain-**

Chicken Enchilada

Spicy Beef Soft Tacos

w/ Cheese

Cheese Pizza

-Add-

Refried Beans

-Garden Vegetable Bar-

Shredded Romaine Lettuce

Corn Salad

-Fruit Bar-

Fresh Pear

Chilled Peaches

Applesauce Cup

This institution is an equal opportunity provider.