

Select a site group 

High School Lunch - High Schools

**MAY 2024**

**1****-Choose 1-**

Grilled Cheese Sandwich  
 Banh Mi Burger  
 w/ Sub Roll  
 Spicy Chicken Fillet  
 w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 1 Protein-**

Southwest Chicken  
 Spicy Beef

**-Choose 2 Grains-**

Rice  
 Corn Tortilla Chips  
 Flour Tortilla

**-Add-**

Refried Beans  
 Golden Queso

**-Garden Vegetable Bar-**

Shredded Romaine Lettuce  
 Grape Tomatoes  
 Sliced Tomatoes  
 & Pickles  
 Baby Carrots  
 Corn Salad  
 Pico de Gallo

**-Fruit Bar-**

Chilled Pineapple Chunks  
 Fresh Pear

**2****-Choose 1-**

Cheese Pizza  
 Pepperoni Pizza  
 Pizza Boli Bites  
 Rosé Bolognese  
 w/ Garlic Bread  
 Buffalo Chicken Calzone

**-Add-**

Kickin' Roasted Veggies

**-Garden Vegetable Bar-**

House Salad  
 Cauliflower Florets  
 Sliced Beets  
 Grape Tomatoes

**-Fruit Bar-**

Mandarin Orange Cup  
 Strawberry Shortcake  
 Fresh Banana

**3****-Choose 1-**

Popcorn Chicken  
 w/ Dinner Roll  
 Hippie Roll  
 w/ Dipping Sauce  
 Grilled Cheese Sandwich  
 Crispy Chicken Fillet  
 w/ Bun  
 Beef Burger  
 w/ Bun

**-Add**

American Cheese  
 Parmesan Broccolini  
 Mashed Potatoes  
 w/ Gravy

**-Garden Vegetable Bar-**

Pomegranate Blueberry  
 Spinach Salad  
 Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions  
 Baby Carrots  
 Cucumber Slices

**-Fruit Bar-**

Fresh Apple  
 Chilled Mixed Fruit  
 Clementine

**6****-Choose 1-**

Grilled Cheese Sandwich  
Crispy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Mini Cinnamon Roll  
Rice

**-Choose 1 Protein-**

Dragon Fire Chicken  
Chicken Kabob

**-Add-**

Stir Fried Cabbage

**-Garden Vegetable Bar-**

Tossed Salad  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Celery Sticks  
Grape Tomatoes

**-Fruit Bar-**

Chilled Mixed Fruit  
Orange Wedges  
Applesauce Cup

**7****-Choose 1-**

Buffalo Chicken Calzone  
Pepperoni Pizza  
Pizza Sticks  
w/ Dipping Sauce  
Fiesta Queso Macaroni & Cheese  
w/ Dinner Roll  
Turkey Ham & Cheese  
Croissant

**-Add-**

Tomato Basil Soup

**-Garden Vegetable Bar-**

Greek Salad  
Baby Carrots

**-Fruit Bar-**

Mandarin Orange Cup  
Fresh Melon  
Chilled Pineapple Chunks

**8****-Choose 1-**

Chicken Enchilada  
w/ Fiesta Rice  
Grilled Cheese Sandwich  
Spicy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Corn Tortilla Chips  
Gordita Bread

**-Choose 1 Protein-**

Spicy Beef  
Southwest Chicken

**-Add-**

Golden Queso  
Esquites  
**-Garden Vegetable Bar-**  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Pico de Gallo

**-Fruit Bar-**

Mango Pineapple Salsa  
Apple Wedges  
Frozen Peach Cup

**9****-Choose 1-**

Cheese Pizza  
Pepperoni Pizza  
Jalapeno Poppers  
Lasagna  
w/ Garlic Bread

**-OR-****-Choose 2 Grains-**

Penne Pasta  
Garlic Bread

**-Choose 1 Protein-**

Crispy Chicken Fillet  
Meatballs

**-Add-**

Steamed Broccoli  
Alfredo Sauce  
or Marinara Sauce

**-Garden Vegetable Bar-**

House Salad  
Baby Carrots  
Sliced Beets  
Grape Tomatoes

**-Fruit Bar-**

Fruit Crisp  
Fresh Strawberries  
Pear Wedges

**10****-Choose 1-**

Grilled Cheese Sandwich  
Pepperoni & Cheese  
Stromboli  
w/ Dipping Sauce  
All Beef Hot Dog  
w/ Bun  
w/ Cheese Sauce  
Crispy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese  
Baked Beans  
Curly Fries

**-Garden Vegetable Bar-**

Sunny Broccoli & Cauliflower Toss  
Tossed Salad  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Grape Tomatoes

**-Fruit Bar-**

Graham Banana Bites  
Kiwi Wedges  
Chilled Peaches

13**-Choose 1-**

Vegetable Dumplings  
 General Tso's Chicken  
 over Rice  
 w/ Mini Cinnamon Roll  
 Grilled Cheese Sandwich  
 Crispy Chicken Fillet  
 w/ Bun  
 Beef Burger  
 w/ Bun

**-Add**

American Cheese  
 Green Beans  
 Steamed Green Peas

**-Garden Vegetable Bar-**

Tossed Salad  
 Broccoli Florets  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions  
 Grape Tomatoes

**-Fruit Bar-**

Chilled Pears & Blueberries  
 Fresh Strawberries  
 Grapefruit Wedges  
 Fresh Melon

14**-Choose 1-**

Cheese Quesadilla  
 Pepperoni Pizza  
 Pizza Sticks  
 w/ Dipping Sauce  
 Chicken Tenders  
 w/ Dinner Roll  
 Meatball Sub  
 w/ Mozzarella Cheese

**-Add-**

Potato Wedges

**-Garden Vegetable Bar-**

Baby Carrots  
 Celery Sticks  
 Greek Salad

**-Fruit Bar-**

Chilled Peaches  
 Frozen Mixed Berry Cup  
 Apple Wedges

15**-Choose 1-**

Grilled Cheese Sandwich  
 Banh Mi Burger  
 w/ Sub Roll  
 Spicy Chicken Fillet  
 w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 1 Protein-**

Southwest Chicken  
 Spicy Beef

**-Choose 2 Grains-**

Rice  
 Corn Tortilla Chips  
 Flour Tortilla

**-Add-**

Refried Beans  
 Golden Queso

**-Garden Vegetable Bar-**

Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles

Baby Carrots

Corn Salad

Pico de Gallo

**-Fruit Bar-**

Chilled Pineapple Chunks  
 Fresh Pear  
 Orange Wedges

16**-Choose 1-**

Cheese Pizza  
 Pepperoni Pizza  
 Pizza Boli Bites  
 Rosé Bolognese  
 w/ Garlic Bread  
 Buffalo Chicken Calzone

**-Add-**

Kickin' Roasted Veggies

**-Garden Vegetable Bar-**

House Salad  
 Cauliflower Florets  
 Sliced Beets  
 Grape Tomatoes

**-Fruit Bar-**

Mandarin Orange Cup  
 Strawberry Shortcake  
 Fresh Banana

17**-Choose 1-**

Grilled Cheese Sandwich  
 Hippie Roll  
 w/ Dipping Sauce  
 Popcorn Chicken  
 w/ Dinner Roll  
 Crispy Chicken Fillet  
 w/ Bun  
 Beef Burger  
 w/ Bun

**-Add**

American Cheese  
 Roasted Asparagus  
 Mashed Potatoes  
 w/ Gravy

**-Garden Vegetable Bar-**

Pomegranate Blueberry  
 Spinach Salad  
 Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions  
 Baby Carrots  
 Cucumber Slices

**-Fruit Bar-**

Fresh Apple  
 Chilled Mixed Fruit  
 Clementine

20**-Choose 1-**

Grilled Cheese Sandwich  
Crispy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Mini Cinnamon Roll  
Rice

**-Choose 1 Protein-**

Dragon Fire Chicken  
Chicken Kabob

**-Add-**

Stir Fried Cabbage

**-Garden Vegetable Bar-**

Tossed Salad  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Celery Sticks  
Grape Tomatoes

**-Fruit Bar-**

Chilled Mixed Fruit  
Orange Wedges  
Applesauce Cup

21**-Choose 1-**

Buffalo Chicken Calzone  
Pepperoni Pizza  
Pizza Sticks  
w/ Dipping Sauce  
Fiesta Queso Macaroni & Cheese  
w/ Dinner Roll  
Turkey Ham & Cheese  
Croissant

**-Add-**

Tomato Basil Soup

**-Garden Vegetable Bar-**

Greek Salad  
Baby Carrots

**-Fruit Bar-**

Fresh Melon  
Mandarin Orange Cup  
Chilled Pineapple Chunks

22**-Choose 1-**

Chicken Enchilada  
w/ Fiesta Rice  
Grilled Cheese Sandwich  
Spicy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 2 Grains-**

Corn Tortilla Chips  
Gordita Bread

**-Choose 1 Protein-**

Spicy Beef  
Southwest Chicken

**-Add-**

Golden Queso  
Esquites  
**-Garden Vegetable Bar-**  
Shredded Romaine Lettuce  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Pico de Gallo

**-Fruit Bar-**

Mango Pineapple Salsa  
Apple Wedges  
Frozen Peach Cup

23**-Choose 1-**

Cheese Pizza  
Pepperoni Pizza  
Jalapeno Poppers  
Lasagna  
w/ Garlic Bread

**-OR-****-Choose 2 Grains-**

Penne Pasta  
Garlic Bread

**-Choose 1 Protein-**

Crispy Chicken Fillet  
Meatballs

**-Add-**

Steamed Broccoli  
Alfredo Sauce  
or Marinara Sauce

**-Garden Vegetable Bar-**

House Salad  
Baby Carrots  
Sliced Beets  
Grape Tomatoes

**-Fruit Bar-**

Fruit Crisp  
Pear Wedges  
Fresh Strawberries

24**-Choose 1-**

Grilled Cheese Sandwich  
Pepperoni & Cheese  
Stromboli  
w/ Dipping Sauce  
All Beef Hot Dog  
w/ Bun  
w/ Cheese Sauce  
Crispy Chicken Fillet  
w/ Bun  
Beef Burger  
w/ Bun

**-Add**

American Cheese  
Baked Beans  
Curly Fries

**-Garden Vegetable Bar-**

Sunny Broccoli & Cauliflower Toss  
Tossed Salad  
Sliced Tomatoes  
& Pickles  
Sliced Bermuda Onions  
Grape Tomatoes

**-Fruit Bar-**

Graham Banana Bites  
Kiwi Wedges  
Chilled Peaches

27**- No School Today -**28**-Choose 1-**

Cheese Quesadilla  
 Pepperoni Pizza  
 Pizza Sticks  
 w/ Dipping Sauce  
 Chicken Tenders  
 w/ Dinner Roll  
 Meatball Sub  
 w/ Mozzarella Cheese

**-Add-**

Potato Wedges

**-Garden Vegetable Bar-**

Baby Carrots  
 Celery Sticks  
 Greek Salad

**-Fruit Bar-**

Chilled Peaches  
 Frozen Mixed Berry Cup  
 Apple Wedges

29**-Choose 1-**

Grilled Cheese Sandwich  
 Banh Mi Burger  
 w/ Sub Roll  
 Spicy Chicken Fillet  
 w/ Bun

**-Add**

American Cheese

**-OR-****-Choose 1 Protein-**

Southwest Chicken  
 Spicy Beef

**-Choose 2 Grains-**

Rice  
 Corn Tortilla Chips  
 Flour Tortilla

**-Add-**

Refried Beans  
 Golden Queso

**-Garden Vegetable Bar-**

Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles  
 Baby Carrots  
 Corn Salad  
 Pico de Gallo

**-Fruit Bar-**

Chilled Pineapple Chunks  
 Fresh Pear  
 Orange Wedges

30**-Choose 1-**

Cheese Pizza  
 Pepperoni Pizza  
 Pizza Boli Bites  
 Rosé Bolognese  
 w/ Garlic Bread  
 Buffalo Chicken Calzone

**-Add-**

Kickin' Roasted Veggies

**-Garden Vegetable Bar-**

House Salad  
 Cauliflower Florets  
 Sliced Beets  
 Grape Tomatoes

**-Fruit Bar-**

Mandarin Orange Cup  
 Strawberry Shortcake  
 Fresh Banana

31**-Choose 1-**

Grilled Cheese Sandwich  
 Hippie Roll  
 w/ Dipping Sauce  
 Popcorn Chicken  
 w/ Dinner Roll  
 Crispy Chicken Fillet  
 w/ Bun  
 Beef Burger  
 w/ Bun

**-Add**

American Cheese  
 Parmesan Broccolini  
 Mashed Potatoes  
 w/ Gravy

**-Garden Vegetable Bar-**

Pomegranate Blueberry  
 Spinach Salad  
 Shredded Romaine Lettuce  
 Sliced Tomatoes  
 & Pickles  
 Sliced Bermuda Onions  
 Baby Carrots  
 Cucumber Slices

**-Fruit Bar-**

Fresh Apple  
 Chilled Mixed Fruit  
 Clementine

This institution is an equal opportunity provider.