

Select a site group 

Lunch - Middle Schools

MAY 2024

1**-Choose 1 Protein & Grain-**

Crispy Chicken

w/ Bun

Pepperoni & Cheese
Stromboli

w/ Dipping Sauce

Jalapeno Poppers

-Add-

Curly Fries

-Garden Vegetable Bar-

Broccoli Florets

Shredded Romaine Lettuce

Sliced Tomatoes

& Pickles

-Fruit Bar-

Fresh Banana

Mandarin Orange Cup

Fresh Melon

2**-Choose 1 Protein & Grain-**

Lasagna

w/ Garlic Bread

Corn Dog Nuggets

Cheese Quesadillas

-Add-

Green Beans

-Garden Vegetable Bar-

House Salad

Baby Carrots

Cauliflower Florets

-Fruit Bar-

Orange Wedges

Strawberry Shortcake

Chilled Pineapple Chunks

3**-Choose 1 Protein & Grain-**

Popcorn Chicken

w/ Dinner Roll

Mini Calzones

w/ Dipping Sauce

Meatball Sub

w/ Mozzarella Cheese

-Add-

Mashed Potatoes

w/ Gravy

Parmesan Broccolini

-Garden Vegetable Bar-

Tossed Salad

Grape Tomatoes

-Fruit Bar-

Fresh Apple

Grapefruit Wedges

Chilled Mixed Fruit

6**-Choose 1 Protein & Grain-**

Buffalo Chicken Calzone
 Fiesta Queso Macaroni & Cheese
 w/ Dinner Roll
 Pepperoni Pizza

-Add-

Kickin' Roasted Veggies

-Garden Vegetable Bar-

Greek Salad
 Baby Carrots
 Celery Sticks

-Fruit Bar-

Fresh Pear
 Chilled Peaches
 Applesauce Cup

7**-Choose Grains**

Corn Tortilla Chips
 w/ Rice

-Choose 1 Protein-

Southwest Chicken
 Spicy Beef

-Add-

Golden Queso
 Esquites

-Garden Vegetable Bar-

Shredded Romaine Lettuce
 Pico de Gallo

-Fruit Bar-

Apple Wedges
 Chilled Pears & Blueberries
 Frozen Peach Cup
 -Or-
 Frozen Mixed Berry Cup

8**-Choose 1 Protein & Grain-**

Chicken Tenders
 w/ Garlic Bread
 Cheeseburger
 Pizza Boli Bites

-Add-

Sunshine Carrots

-Garden Vegetable Bar-

Tossed Salad
 Sliced Tomatoes
 & Pickles
 Broccoli Florets

-Fruit Bar-

Fresh Banana
 Orange Wedges
 Apple Crisp

9**-Choose 1-**

Penne Marinara
 w/ Garlic Bread
 Penne Alfredo
 w/ Garlic Bread

-Choose 1 Protein-

Crispy Chicken Fillet
 Meatballs

-OR-**-Choose 1 Protein & Grain-**

All Beef Hot Dog
 w/ Bun

-Add-

Steamed Broccoli

-Garden Vegetable Bar-

House Salad

Baby Carrots

Cauliflower Florets

-Fruit Bar-

Chilled Pineapple Chunks
 Fresh Pear
 Fresh Strawberries

10**-Choose 1 Protein & Grain-**

Pizza Sticks
 w/ Dipping Sauce
 Spicy Chicken
 w/ Bun

Grilled Cheese Sandwich

-Add-

Baked Beans

-Garden Vegetable Bar-

Baby Spinach
 Grape Tomatoes
 Cucumber Slices

-Fruit Bar-

Clementine
 Chilled Mixed Fruit
 Graham Banana Bites

13**-Choose 1-**

Vegetable Dumplings

Chicken Teriyaki

over Rice

w/ Dinner Roll

Honey Fire Chicken

over Rice

w/ Dinner Roll

-Add-

Stir Fried Cabbage

Steamed Green Peas

-Garden Vegetable Bar-

Greek Salad

Baby Carrots

Celery Sticks

-Fruit Bar-

Fresh Apple

Frozen Mixed Berry Cup

Chilled Pears & Blueberries

14**-Choose 1 Protein & Grain-**

Chicken Enchilada

Spicy Beef Soft Tacos

w/ Cheese

Cheese Pizza

-Add-

Refried Beans

-Garden Vegetable Bar-

Shredded Romaine Lettuce

Corn Salad

-Fruit Bar-

Fresh Pear

Chilled Peaches

Applesauce Cup

15**-Choose 1 Protein & Grain-**

Crispy Chicken

w/ Bun

Pepperoni & Cheese

Stromboli

w/ Dipping Sauce

Jalapeno Poppers

-Add-

Curly Fries

-Garden Vegetable Bar-

Broccoli Florets

Shredded Romaine Lettuce

Sliced Tomatoes

& Pickles

-Fruit Bar-

Fresh Banana

Mandarin Orange Cup

Fresh Melon

16**-Choose 1 Protein & Grain-**

Lasagna

w/ Garlic Bread

Corn Dog Nuggets

Cheese Quesadillas

-Add-

Green Beans

-Garden Vegetable Bar-

House Salad

Baby Carrots

Cauliflower Florets

-Fruit Bar-

Orange Wedges

Strawberry Shortcake

Chilled Pineapple Chunks

17**-Choose 1 Protein & Grain-**

Popcorn Chicken

w/ Dinner Roll

Mini Calzones

w/ Dipping Sauce

Meatball Sub

w/ Mozzarella Cheese

-Add-

Mashed Potatoes

w/ Gravy

Parmesan Broccolini

-Garden Vegetable Bar-

Tossed Salad

Grape Tomatoes

-Fruit Bar-

Fresh Apple

Grapefruit Wedges

Chilled Mixed Fruit

20**-Choose 1 Protein & Grain-**

Buffalo Chicken Calzone
 Fiesta Queso Macaroni & Cheese
 w/ Dinner Roll
 Pepperoni Pizza

-Add-

Kickin' Roasted Veggies

-Garden Vegetable Bar-

Greek Salad
 Baby Carrots
 Celery Sticks

-Fruit Bar-

Fresh Pear
 Chilled Peaches
 Applesauce Cup

21**-Choose Grains**

Corn Tortilla Chips
 w/ Rice

-Choose 1 Protein-

Southwest Chicken
 Spicy Beef

-Add-

Golden Queso
 Esquites

-Garden Vegetable Bar-

Shredded Romaine Lettuce
 Pico de Gallo

-Fruit Bar-

Apple Wedges
 Chilled Pears & Blueberries
 Frozen Peach Cup
 -Or-
 Frozen Mixed Berry Cup

22**-Choose 1 Protein & Grain-**

Chicken Tenders
 w/ Garlic Bread
 Cheeseburger
 Pizza Boli Bites

-Add-

Sunshine Carrots

-Garden Vegetable Bar-

Tossed Salad
 Sliced Tomatoes
 & Pickles
 Broccoli Florets

-Fruit Bar-

Fresh Banana
 Orange Wedges
 Apple Crisp

23**-Choose 1-**

Penne Marinara
 w/ Garlic Bread
 Penne Alfredo
 w/ Garlic Bread

-Choose 1 Protein-

Crispy Chicken Fillet
 Meatballs

-OR-**-Choose 1 Protein & Grain-**

All Beef Hot Dog
 w/ Bun

-Add-

Steamed Broccoli

-Garden Vegetable Bar-

House Salad
 Baby Carrots
 Cauliflower Florets

-Fruit Bar-

Chilled Pineapple Chunks
 Fresh Pear
 Fresh Strawberries

24**-Choose 1 Protein & Grain-**

Pizza Sticks
 w/ Dipping Sauce
 Spicy Chicken
 w/ Bun

Grilled Cheese Sandwich

-Add-

Baked Beans

-Garden Vegetable Bar-

Baby Spinach
 Grape Tomatoes
 Cucumber Slices

-Fruit Bar-

Clementine
 Chilled Mixed Fruit
 Graham Banana Bites

27**- No School Today -**28**-Choose 1 Protein & Grain-**

Chicken Enchilada

Spicy Beef Soft Tacos

w/ Cheese

Cheese Pizza

-Add-

Refried Beans

-Garden Vegetable Bar-

Shredded Romaine Lettuce

Corn Salad

-Fruit Bar-

Fresh Pear

Chilled Peaches

Applesauce Cup

29**-Choose 1 Protein & Grain-**

Crispy Chicken

w/ Bun

Pepperoni & Cheese
Stromboli

w/ Dipping Sauce

Jalapeno Poppers

-Add-

Curly Fries

-Garden Vegetable Bar-

Broccoli Florets

Shredded Romaine Lettuce

Sliced Tomatoes

& Pickles

-Fruit Bar-

Fresh Banana

Mandarin Orange Cup

Fresh Melon

30**-Choose 1 Protein & Grain-**

Lasagna

w/ Garlic Bread

Corn Dog Nuggets

Cheese Quesadillas

-Add-

Green Beans

-Garden Vegetable Bar-

House Salad

Baby Carrots

Cauliflower Florets

-Fruit Bar-

Orange Wedges

Strawberry Shortcake

Chilled Pineapple Chunks

31**-Choose 1 Protein & Grain-**

Popcorn Chicken

w/ Dinner Roll

Mini Calzones

w/ Dipping Sauce

Meatball Sub

w/ Mozzarella Cheese

-Add-

Mashed Potatoes

w/ Gravy

Parmesan Broccolini

-Garden Vegetable Bar-

Tossed Salad

Grape Tomatoes

-Fruit Bar-

Fresh Apple

Grapefruit Wedges

Chilled Mixed Fruit

This institution is an equal opportunity provider.