



23-24 Elementary Lunch
Lunch

Rocklin Unified

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|--|--|
| 8/14/2023 | 8/15/2023 | 8/16/2023 | 8/17/2023 | 8/18/2023 |
| | | Main Entree Chicken Patty Sandwich, Elem. Cheesy Pull Apart Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments | Main Entree French Toast Sticks, WG Protein Pack Blueberry Muffin Protein Pack, Apple Cinnamon Muffin Side Bacon, Turkey Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments | Main Entree Pizza Cheese French Bread Pizza, Stuffed Pepperoni Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments |
| 8/21/2023 | 8/22/2023 | 8/23/2023 | 8/24/2023 | 8/25/2023 |
| Main Entree Bosco Sticks, Elem Protein Pack Blueberry Muffin Protein Pack, Apple Cinnamon Muffin Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments Marinara Sauce - Red Gold | Main Entree Taco, Beef, Elem Quesadilla, HouseMade Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments | Main Entree Penne Pasta w/Meat Sauce Sandwich, Gr. Cheese, IW (BakeCrafters) Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments | Main Entree Pancakes, Cinnamon Glazed Protein Pack Blueberry Muffin Protein Pack, Apple Cinnamon Muffin Side Sausage Patty-Pork; Elem Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments | Main Entree Cheeseburger Pretzel, King Side Chips Assorted Cheddar Cheese Cup Fresh Fruit Fruits Garden Bar Assorted Vegetables Vegetables Garden Bar Vegetables-Canned Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% Condiments Condiments |



| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|----------|
| 8/28/2023 | 8/29/2023 | 8/30/2023 | 8/31/2023 | 9/1/2023 |
| Main Entree Shells, Stuffed, Chs, WG Protein Pack, Apple Cinnamon Muffin Protein Pack Blueberry Muffin | Main Entree Taco, Beef, Elem Quesadilla, HouseMade | Main Entree Chicken Patty Sandwich, Elem. Cheesy Pull Apart | Main Entree French Toast Sticks, WG Protein Pack Blueberry Muffin Protein Pack, Apple Cinnamon Muffin | |
| Fresh Fruit Fruits Garden Bar | Fresh Fruit Fruits Garden Bar | Fresh Fruit Fruits Garden Bar | Side Bacon, Turkey | |
| Assorted Vegetables Vegetables Garden Bar Vegetables-Canned | Assorted Vegetables Vegetables Garden Bar Vegetables-Canned | Assorted Vegetables Vegetables Garden Bar Vegetables-Canned | Fresh Fruit Fruits Garden Bar | |
| Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% | Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% | Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% | Assorted Vegetables Vegetables Garden Bar Vegetables-Canned | |
| Condiments Condiments Marinara Sauce - Red Gold | Condiments Condiments | Condiments Condiments | Milk Milk, Chocolate, Fat Free Milk, Low Fat White 1% | |
| | | | Condiments Condiments | |

| FILTERS | |
|------------|-------------------------------------|
| Name(s) | Value(s) |
| Date Range | (Start = 8/13/2023, End = 9/2/2023) |
| Menu Plan | (23-24 Elementary Lunch) |