

# K-8 MENUS



## Daily Offerings:

= Homemade = Plant-Based

Breakfast: Asst. Cereal, Asst. Fruit, Orange Juice, 1% White Milk, NF Chocolate Milk

Lunch: Asst. Fruit, 1% White Milk, NF Chocolate Milk

\*Asst. Juice offered during lunch at Intermediate Schools\*



**NUTRITION SERVICES**

think fresh

**ADULT MEAL PRICING**  
**B:** \$3.25  
**L:** \$4.50

## DAILY VEGGIES

	WEEK 1 Weeks of: 8/15, 9/12, 10/10, 11/7, 12/5, 1/2 (Holiday) B: Pan Dulce	WEEK 2 Weeks of: 8/22, 9/19, 10/17, 11/14, 12/12 B: Pan Dulce	WEEK 3 Weeks of: 8/29, 9/26, 10/24, 11/21 (Holiday), 12/19 B: Pan Dulce	WEEK 4 Weeks of: 9/5, 10/3, 10/31, 11/28, 12/26 (Holiday) B: Pan Dulce	
<b>MON</b>	L: Breaded Chicken Drumstick Dinner Roll, 2oz.	L: Chicken Nuggets Cheez Its	L: Chicken Tenders Dinner Roll, 2oz.	L: Chicken Nuggets Cheez Its	Mashed Potatoes Sliced Carrots
<b>TUE</b>	B: Maple Waffle L: Galaxy Cheese Pizza	B: Chocolate Chip Waffle L: Pasta w/ Meatballs	B: Maple Waffle L: Galaxy Cheese Pizza	B: Chocolate Chip Waffle L: Pasta w/ Meatballs	Broccoli Chili Lime Baby Carrots
<b>WED</b>	B: Horchata Oats L: Chick'n Sandwich OR PB&J Grape Sandwich	B: Apple Pie Oats L: Bean Burrito OR PB&J Grape Sandwich	B: Horchata Oats L: Chick'n Sandwich OR PB&J Grape Sandwich	B: Apple Pie Oats L: Bean Burrito OR PB&J Grape Sandwich	Lettuce Tomato Cup Tater Tots
<b>THU</b>	B: French Toast Sticks L: Carnitas  w/ Corn Tortillas OR Bean & Cheese Pupusa	B: Mini Confetti Pancakes L: Beef Nachos  w/ Tortilla Chips OR Max Sticks	B: French Toast Sticks L: Carnitas  w/ Corn Tortillas OR Bean & Cheese Pupusa	B: Mini Confetti Pancakes L: Beef Nachos  w/ Tortilla Chips OR Max Sticks	Beans Chili Lime Baby Carrots
<b>FRI</b>	B: Eggs & Potatoes w/ Asst. Cinn. Crackers L: Beef Hamburger	B: Chicken Tamale L: Chicken Fajitas w/ Flour Tortilla	B: Chorizo Bowl w/ Asst. Cinn. Crackers L: Beef Hamburger	B: Chicken Tamale L: Chicken Fajitas w/ Flour Tortilla	Corn Cucumbers