



GES Grab & GO Breakfast

		Monday		Tuesday		Wednesday		Thursday		Friday
Place all components in bag	1 ea.	Poptart	1 ea.	Muffin	1 ea.	Donut	1 ea.	Cinnamon Bun	1 ea.	Banana Bread
Entree			1 ea	Chat Snax						
Fruit	1/2 c.	Apple Crisp	1/2 c.	Mandarin Orange	1/2c.	Raisins	1/2 c.	Applesauce	1/2 c.	Craisans
Milk	8 oz.	1% unflavored milk	8 oz.	1% unflavored milk	8 oz.	1% unflavored milk	8 oz.	1% unflavored milk	8 oz.	1% unflavored milk

Revised 8/22 Kelly Levi

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex, (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the responsible state or local agency that administers the program or the USDA's TARGET Center at (202)720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800)877-8339.

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <http://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

2. fax: (202) 690-7442; or

3. email: program.intake@usda.gov.

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