

GES MENU SUMMER FEEDING

Sequatchie County

credit	Monday	credit	Tuesday	credit	Wednesday	credit	Thursday	credit	Friday
2	Pepperoni Pizza (15712)	2	Chicken Nuggets (15160) (5 ea)	2	Hamburger (Comm or 5228) on WG HB Bun (17858)	2	Popcorn Chicken (14453) (12 ea)	2	Deli Ham & Cheese Wrap (Comm 100187 & 11818 / WG Flour Tortilla 16196)
	OR		OR		OR		OR		OR
2	Ham & Cheese Sandwich (Comm/11818 Loaf Bread 17860)	2	Ham & Cheese Sandwich (Comm/11818 Loaf Bread 17860)	2	Ham & Cheese Sandwich (Comm/11818 Loaf Bread 17860)	2	Ham & Cheese Sandwich (Comm/11818 Loaf Bread 17860)	2	Any Leftovers
1/2 cup	Steamed Corn (3356 or Comm)	1/2 cup	Green Beans (7530)	1/2 cup	Baked Potato Smiles (3621) (4 ea)	1/2 cup	Baby Carrots w/Ranch (18067)	1/2 cup	Romaine Salad (1 cup) w/Ranch (18067)
1/2 cup	Baby Carrots w/Ranch (18067)	1/2 cup	Creamed Potatoes (7766)	1/2 cup	Baked Beans (7719) (6 oz)	1/2 cup	Steamed Corn (3356 or Comm)	1/2 cup	Fresh Brocc/Cauli w/Ranch (18067)
					Trimings				Lettuce & Tomato on/for wrap Free Chips
1/2 cup	Canned or Commodity Fruit	1/2 cup	Canned or Commodity Fruit	1/2 cup	Seasonal Fresh Fruit	1/2 cup	Seasonal Fresh Fruit	1/2 cup	Assorted Fruit Slushie Flavors (6330, 16335 OR 6369)
		1/2 cup	100% Fruit Juice (Recipe)			1/2 cup	100% Fruit Juice (Recipe)	1 cup	Apple
2	WG Loaf Bread (17860)	2	WG Homestyle Roll (8362)	2	WG HB Bun (17858)	2	WG Homestyle Roll (8362)	1.5	WG Flour Tortilla (16196)
		2	WG Loaf Bread (17860)	2	WG Loaf Bread (17860)	2	WG Loaf Bread (17860)		
	Mayo (6881) (1) Mustard (3020) (1) Ranch Lite Dressing (18067) (1) If student wants for pizza		Honey Mustard (18048) (1) BBQ (6952) (1) Sweet & Sour (6911) (1) Ketchup (12179) (2) Mayo (6881) (1) Mustard (3020) (1)		Mayo (6881) (1) Mustard (3020) (1) Ketchup (12179) (3) Cheese 1 slice (Comm)		Mayo (6881) (1) Mustard (3020) (1) Honey Mustard (18048) (1) BBQ (6952) (1) Sweet & Sour (6911) (1) Ketchup (12179) (2)		Mayo (6881) (1) Mustard (3020) (1) May have 1 ranch (18067) for wrap
8 oz	Milk Choice Variety low fat or fat free (1 ea)	8 oz	Milk Choice Variety low fat or fat free (1 ea)	8 oz	Milk Choice Variety low fat or fat free (1 ea)	8 oz	Milk Choice Variety low fat or fat free (1 ea)	8 oz	Milk Choice Variety low fat or fat free (1 ea)

Revised 02/22/2024

Summer Feeding Program

Contact: Sequatchie County Schools Nutrition Program

423-949-4005

This institution is an equal opportunity provider.

Menus are subject to change