



GES & M.S. Breakfast Menu Seamless Summer Option

		Monday		Tuesday		Wednesday		Thursday		Friday
Meat/Meat Alternative	1 ea. 1 ea. 1 ea.	Chicken (15152) Biscuits (13553) Assorted Cereal (Recipe #SCS-050)	1 ea. 1 ea. 1 ea.	Scrambled Egg (3oz) (3749) Toast (Recipe#SCS-535) Assorted Cereal (Recipe #SCS-050)	1 ea. 1ea	Breakfast Pizza Assorted Cereal (Recipe #SCS-050)	1 ea. 1 ea. 1ea	Sausage (14753) Biscuits (13553) Assorted Cereal (Recipe #SCS-050)	2 oz. 1ea.	Cinnamon Roll (14162) Assorted Cereal (Recipe #SCS-050)
Fruit	4 oz. ½ cup	100% Fruit Juice Fruit	4oz ½ cup	100% Fruit Juice Fruit	1 ea. ½ cup	100% Fruit Juice Fruit	4oz. ½ cup	100% Fruit Juice Fruit	4 oz ½ cup	100% Fruit Juice Fruit
Condiment	1 ea.	Jelly (6737,6740)	1 ea	Jelly (6737,6740)			1 ea.	Jelly (6737,6740)	1 ea.	Jelly (6737,6740)
Milk	8oz.	Variety	8oz.	Variety	8oz.	Variety	8oz.	Variety	8oz.	Variety

SSO 2024

Summer Feeding Program
Contact: Sequatchie County Schools
Nutrition Department
423-949-4005

This institution is an equal opportunity provider
Menus are Subject to Change