



SCHS

week	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Daily Breakfast Offerings: Cold Cereal/Cereal Bars/Yogurt String Cheese/Toast/Fruit/Juice Choice of Milk</p> <p>Pizza Bar/Tuesday thru Friday Assorted Large Salads--- Tuesday and Thursday</p>		<p>Students may refuse 1 of 4 breakfast items and 2 of 5 lunch items. Students do NOT have to take milk</p> <p>Students must take one (1) serving of fruit or vegetable to have a reimbursable meal.</p>		<p>Adult Staff: Breakfast \$2.75 / Lunch \$4.90 Visitors \$3.25 / \$6.00</p>
WEEK 1	<p>Chicken & Biscuit</p> <p>Pepperoni Pizza OR Ham and Cheese Sandwich Steamed Corn Crunchy Fresh Carrots w/Ranch Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Pancake on a Stick</p> <p>Sausage Patties AND/OR Scrambled Eggs Sliced Tomatoes Bacon Salsa Hash Brown Rounds Biscuit Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Breakfast Pizza</p> <p>Meatloaf OR Manager's Choice Steamed Broccoli Pinto Beans Homestyle Roll Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Cinnamon Roll</p> <p>Salisbury Steak w/Gravy OR Classic Man & Cheese Slaw Green Beans Mashed Potatoes Homestyle Roll Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Breakfast Burrito</p> <p>Hamburger w/Cheese OR Chicken Salad Sandwich French Fries / Trimmings Fresh Carrots w/Ranch Seasonal Fresh or Canned Fruit Choice of Milk</p>
WEEK 2	<p>Sausage & Biscuit</p> <p>Pepperoni Pizza OR Ham and Cheese Sandwich Steamed Corn Crunchy Fresh Carrots w/Ranch Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Pancake on a Stick</p> <p>Pig in a Blanket OR BBQ Pork on Bun Tasty Tater Tots Crunchy Broccoli & Cauliflower w/Dip Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Breakfast Pizza</p> <p>Bosco Bread Sticks OR Manager's Choice Marinara Sauce Romaine Salad w/Ranch Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Cinnamon Roll</p> <p>Manager's Choice OR Tuscan Grilled Cheese Steamed Carrots Pinto Beans Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Scrambled Eggs & Toast</p> <p>Hamburger w/Cheese OR Chicken Salad Sandwich Garden Salad / Trimmings Waffle Fries / Baked Beans Seasonal Fresh or Canned Fruit Choice of Milk</p>
WEEK 3	<p>Chicken & Biscuit</p> <p>Pepperoni Pizza OR Ham & Cheese Sandwich Crunchy Fresh Carrots w/Ranch Steamed Corn Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Pancake on a Stick</p> <p>Sausage Patties AND/OR Scrambled Eggs Sliced Tomatoes Bacon Salsa Hash Brown Rounds Biscuit Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Breakfast Pizza</p> <p>Manager's Choice OR Manager's Choice Romaine Salad w/Ranch Pinto Beans Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Cinnamon Roll</p> <p>Salisbury Steak w/Gravy OR Classic Man & Cheese Slaw Roasted Green Beans Mashed Potatoes Homestyle Roll Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Breakfast Burrito</p> <p>Hamburger w/Cheese OR Chicken Salad Sandwich Potato Smiles Trimmings Crunchy Fresh Carrots w/Ranch Seasonal Fresh or Canned Fruit Choice of Milk</p>
WEEK 4	<p>Sausage & Biscuit</p> <p>Pepperoni Pizza OR Manager's Choice Crunchy Fresh Carrots w/Dip Steamed Corn Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Pancake on a Stick</p> <p>Popcorn Chicken OR Beef Dippers Crunchy Carrots & Cauliflower w/Ranch Green Beans / Sweet Potatoes / Roll Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Breakfast Pizza</p> <p>Spaghetti w/Meat Sauce OR Tuscan Grilled Cheese OR Tater Tots Homestyle Roll Baked Beans Seasonal Fresh or Canned Fruit Choice of Milk</p>	<p>Cinnamon Roll</p> <p>Manager's Choice OR Manager's Choice Baked Potato Smiles Leafy Romaine Salad w/Ranch Seasonal Fresh or Canned Fruit or Juice Choice of Milk</p>	<p>Scrambled Eggs & Toast</p> <p>Beef Nachos w/Tostitos OR Manager's Choice Steamed Fiesta Corn Garden Salad / Queso Cheese Sauce Seasonal Fresh or Canned Fruit Choice of Milk</p>

4/20/2023

Summer Feeding Program
Contact: Sequatchie County School Nutrition Department
423 949-4005

Menus are subject to change
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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
Program.Intake@usda.gov

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