SCMS

week	Monday	Tuesday	Wednesday	Thursday	Friday
	Daily Breakfast Offerings: Cold Cereal/Cereal Bars/Yogurt String Cheese/Toast/Fruit/Juice Choice of Milk	Will Man	Students may refuse 1 of 4 breakfast items and 2 of 5 lunch items. Students do NOT have to take milk		Prices: Student: Breakfast & Lunch: NO COST
		- programs	Students must take one (1) serving of fruit or vegetable to have a reimbursable meal.		Adult Staff: Breakfast \$2.75/Lunch \$4.90 Visitors \$3.25 / \$6.00
	Chicken & Biscuit	Pancake on a Stick	Breakfast Pizza	Cinnamon Roll	Pancake on a Stick
WEEK 1	Cheese Sticks OR Manager's Choice Baked Beans / Corn Marinara Sauce Seasonal Fresh or Canned Fruit	Hot Dog on Bun OR Chicken Sandwich on Bun Tasty Tater Tots Slaw Seasonal Fresh, Canned Fruit or Juice	Kickin' Chicken Nuggets OR Salisbury Steak w/Gravy Mashed Potatoes Green Peas / Roll Seasonal Fresh or Canned Fruit	Chili w/ Tostito Chips OR Breaded Chicken Sandwich Corn Roasted Green Beans Seasonal Fresh, Canned Fruit or Juice	Chicken Quesadilla OR Manager's Choice Leafy Romaine Salad w/Ranch Crunchy Carrots w/Ranch Fresh or Canned Fruit, Slushie or Gel
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
	Sausage & Biscuit	Pancake on a Stick	Breakfast Pizza	Cinnamon Roll	Scrambled Eggs
WEEK 2	Beef Nachos w/Tostitos OR Manager's Choice Steamed Corn Pinto Beans Seasonal Fresh or Canned Fruit Choice of Milk	Chicken Fajita on Flat Bread OR Corn Dog Roasted Green Beans Crunchy Carrots w/Ranch Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Sausage Patties AND/OR Scrambled Eggs Bacon / Biscuit / Gravy Hash Brown Rounds / Sliced Tomatoes Seasonal Fresh or Canned Fruit Choice of Milk	Chicken Nuggets OR Manager's Choice Glazed Carrots Homestyle Roll Steamed Broccoli Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Hamburger w/Cheese / Bun OR Manager's Choice Tasty Tater Tots Baked Beans / Trimmlings Fresh or Canned Fruit, Shibie or Gel
	Chicken & Biscuit	Pancake on a Stick	Breakfast Pizza	Cinnamon Roll	Choice of Milk Pancake on a Stick
	Breaded Chicken Patty / Bun OR Manager's Choice	Salisbury Steak w/Gravy OR Manager's Choice	Hot Ham & Cheese on Bun OR Chicken Nuggets / Roll	Spaghetti w/Meatsauce OR Chef Salad	Popcorn Chicken OR Manager's Choice
WEEK 3	Tasty Baked Beans	Broccoli Florets	Fresh Carrots w/Ranch	Steamed Corn / Roll	Sweet Potato Fries /Homestyle Roll
	Potato Batter Bites Seasonal Fresh or Canned Fruit Choice of Milk	Mashed Potatoes /Homestyle Roll Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Potato Smiles Seasonal Fresh or Canned Fruit Choice of Milk	Leafy Garden Salad w/Ranch Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Green Beans Fresh or Canned Fruit, Slushie or Gel Choice of Milk
	Sausage & Biscuit	Pancake on a Stick	Breakfast Pizza	Cinnamon Roll	Scrambled Eggs
WEEK 4	Pepperoni Pizza OR Manager's Choice Steamed Corn Fresh Carrots w/Ranch	Sausage Patty AND/OR Scrambled Eggs Bacon/ Biscuit / Gravy Hash Brown Rounds / Sliced Tomatoes	Hamburger w/Cheese / Bun OR Manager's Choice French Fries Tasty Baked Beans / Trimmings	Chili w/Tostito Chips OR Chicken Sandwich Fresh Roasted Green Beans Steamed Corn	Deli Ham & Cheese Wrap OR Bosco Bread Sticks / Marinara Sauce Fresh Cucumber & Celery Cup w/Ranch Romaine Salad w/Ranch
	Seasonal Fresh or Canned Fruit Choice of Milk	Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Seasonal Fresh or Canned Fruit Choice of Milk	Seasonal Fresh, Canned Fruit or Juice Choice of Milk	Fresh or Canned Fruit, Slushie or Gel Choice of Milk

3/16/2023

Menus are subject to change

This institution is an equal opportunity provider.

Summer Feeding Program
Contact: Sequatchie County School Nutrition Department

423-949-4005

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
fax:
(833) 256-1665 or (202) 690-7442; or
email:
Program.Intake@usda.gov

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