GES & MS Breakfast

		Monday		Tuesday		Wednesday		Thursday		Friday
Pick 1 OR Pick 2	1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea.	Sausage & Biscuit Assorted Cereal Biscuit Yogurt String Cheese Toast Muffin Chat snax mix	1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea.	Pancake on a stick Assorted Cereal Yogurt String cheese Toast Muffin Chat snax mix	1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea.	Breakfast Pizza Assorted Cereal Toast Yogurt String Cheese Muffin Chat snax mix	1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea. 1 ea.	Cinnamon Roll Assorted Cereal Yogurt Toast String Cheese Muffin Chat snax mix	2oz. 1 ea.	Scrambled Eggs Assorted Cereal Yogurt String Cheese Toast Muffin Chat snax mix
Fruit Pick 2	1 ea. 1 ea.	Fruit Variety 4oz. 100% Fruit Juice	1 ea. 1 ea.	Fruit Variety 4oz. 100% Fruit Juice	1 ea. 1 ea.	Fruit Variety 4oz. 100% Fruit Juice	1 ea. 1 ea.	Fruit Variety 4oz. 100% Fruit Juice	1 ea. 1 ea.	Fruit Variety 4oz. 100% Fruit Juice
Condiment/ Extra	1 ea.	Jelly	1 ea. 1 ea.	Syrup Jelly	1 ea.	Jelly	1 ea.	Jelly	1 ea.	Jelly
Choose 1	8 oz.	1% Low Fat Unflavored Milk Fat Free Choc. Milk	8 oz.	1% Low fat Unflavored Milk Fat Free Choc. Milk	8 oz.	1% Low Fat Unflavored Milk Fat Free Choc. Milk	8 oz.	1% Low Fat Unflavored Milk Fat Free Choc. Milk	8 oz.	1% Low Fat Unflavored Milk Fat Free Choc. Milk

Week 2 Revised 6/23 Menus are Subject to Change

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: http://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number,

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and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

2. fax: (202) 690-7442; or

3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.