

NUTRITION SERVICES NEWSLETTER

DECEMBER 2024

CSNA Conference



Jennifer Baker, Director of Food and Nutrition brought the Food Service Leads from each site to the CSNA Conference on November 14 & 15 in Sacramento.

They attended sessions on different areas related to school food and nutrition and were able to meet many of the vendors who we purchase products from. They also tasted many new products and got some new ideas of what they'd like to bring in for breakfast and lunch for the students.

They had a great time learning and growing as food service professionals.



Brussel Sprouts Fun Fact

Brussels sprouts are named after Brussels, Belgium, where they were widely cultivated in the 16th century. However, the ancestors of modern Brussels sprouts may have originated in the Mediterranean region and were eaten by the ancient Romans



DATES TO REMEMBER

- **DEC 19 & 20** - CCLA 5 -8 MINIMUM DAYS
- **DEC 17 - 20** - WHS & NBMA FINALS
- **DEC 20** - MINIMUM DAY ALL SCHOOLS
- **DEC 23 - JAN 6** - WINTER BREAK

Happy Birthday

Dec 3 - Gilda Loveday
Dec 15 - Mayra Romero
Dec 24 - Susan Harbaugh

