

# RELAX

AT LEAST TWICE A DAY  
(WE THINK YOU'VE EARNED IT)



We recommend that all parents take just a moment to pat yourselves on the back. Then, take advantage of this great new program designed to make your life just a little bit easier.

**Schools are now providing breakfast & lunch FREE for youth ages 3-18, through December 31, 2020.**

**#WE@ATATSCHOOL**

