

Secondary Fall Lunch Menu 2022-2023

Daily Entrees

PIZZA: Cheese (V), Pepperoni (B, T), 4 Meat (B, T), or French Bread Pizza (V)

Deli Sandwich — Variety (T)

Asian Chicken Salad with Dinner Roll (C)

Veggie Caesar Salad with Croutons and Dinner Roll (V)

Yogurt, Muffin & String Cheese (V)

Hamburger (B), Cheeseburger (B) or Veggie Burger with Lettuce & Tomato
Bean & Cheese Burrito (V)

Peanut Butter & Jelly Sandwich (V) (*High School Only*)

Hummus & Crackers (V)

Monday

Turkey & Gravy w/ Mashed Potatoes & Roll (T)

Three Bean Chili with Corn Bread (V)

Tuesday

Chicken Strips with Crackers (C)

Chana Masala (V)

Chicken & Broccoli Alfredo Pasta (C)

Wednesday

Chicken Patty Sandwich (C)

Jerk Chicken with Fiesta Rice (C)

Thursday

Lemon Chicken with Rice (C)

Tomato Soup & Grilled Cheese Sandwich (V)

Chicken Wrap (C)

Friday

Bosco Cheese Sticks with Marinara Sauce Dip (V)

Wings of Fire with Carrots, Celery Sticks and Corn Bread (C)

Parmesan Chicken Sandwich (C)

First lunch
available
at NO COST
to enrolled
students.

Meal includes
a choice of
fruits and
vegetables,
plus either
1% white milk
or non-fat
chocolate milk

Key Code

for Entrees:

(B) Beef

(T) Turkey

(P) Pork

(V) Vegetarian

Menu
subject
to change
without
notice