

December Elementary Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

OFFERED DAILY:
Sunbutter Sandwich
(Sunflower Seed Butter and Jelly)

				1 Lasagna Roll Up Corn Dog (C)
4 Cheese Pizza Beef Burrito (B) with Salsa	5 Chicken Taquitos (C) with Salsa Three Bean Chili with Corn Bread	6 Cheese Enchiladas Turkey & Gravy (T) with Mashed Potatoes	7 Popcorn Chicken (C) with Crackers Mini Cheeseburgers (B)	8 Chicken Patty on a Bun (C) Jalapeno Mozzarella Bites <i>Big Spoon Fruit Sorbet</i>
11 Chicken Quesadilla (C) Teriyaki Slam Dunkers (B) with Fried Rice	12 Baked Cheese Sticks with Marinara Cup Taco Pocket (T) with Salsa	13 Orange Chicken (C) over Brown Rice Bean & Cheese Burrito	14 Grilled Cheese Sandwich Hot Dog (T) on a Bun <i>Tater Tots for all</i>	15 Bean & Cheese Dip with Tortilla Chips Chicken Tenders (C) with Crackers <i>Sno Joe Apple Ice cup</i>
18	19	20	21	22
<i>Winter Break: December 18 – January 1</i>				
25 	26	27	28	29
<i>Happy Holidays</i>				

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

All meals are served with 1% white milk or non-fat chocolate milk.

Menu Subject to Change Based on Product Availability

One lunch is NO COST for all students
 Lunch includes an entrée, one trip to the garden bar and milk

- Contains:
- Beef (B)
 - Chicken (C)
 - Fish (F)
 - Pork (P)
 - Turkey (T)

Birthday cups and holiday cups this month!

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the on-line application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Meals & Nutrition.)