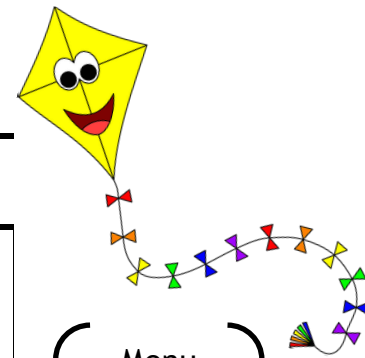




April Elementary Lunch



Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

All meals are served with 1% white milk or non-fat chocolate milk.

Contains:

Beef (B)
Chicken (C)
Pork (P)
Turkey (T)
Fish (F)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>¹ Chicken Drumstick (C) with a Waffle</p> <p>Turkey-Ham and Cheese Croissant (T)</p>	<p>² Yogurt, Muffin and String Cheese</p> <p>Hamburger (B) on a Bun</p>	<p>³ Pepperoni Pizza (B, T)</p> <p>Black Bean Empanada with Salsa</p>	<p>⁴ Chicken Nuggets (C) with Crackers</p> <p>Pork Ribbq Sandwich (P)</p>	<p>⁵ Mac & Cheese</p> <p>Mini Corn Dogs (C)</p>
<p>⁸ Cheese Pizza</p> <p>Beef Burrito (B) with Salsa</p>	<p>⁹ Shredded Beef Tamale (B) with Salsa</p> <p>Penne Pasta Alfredo</p>	<p>¹⁰ Cheese Enchiladas</p> <p>Chicken Egg Rolls (C) with Fried Rice</p>	<p>¹¹ Popcorn Chicken (C) with Crackers</p> <p>Mini Cheeseburgers (B)</p>	<p>¹² Chicken Patty on a Bun (C)</p> <p>Jalapeno Mozzarella Bites</p> <p><i>Hip Hoppin Jellybean Ice</i></p>
<p>¹⁵ Chicken Quesadilla (C)</p> <p>BBQ Pulled Pork (P) on a Bun</p>	<p>¹⁶ Baked Cheese Sticks with Marinara Cup</p> <p>Taco Pocket (T) with Salsa</p>	<p>¹⁷ Orange Chicken (C) over Brown Rice</p> <p>Bean & Cheese Burrito</p>	<p>¹⁸ Grilled Cheese Sandwich</p> <p>Hot Dog (T) on a Bun</p> <p><i>Oven Fries for all</i></p>	<p>¹⁹ Bean & Cheese Dip with Tortilla Chips</p> <p>Chicken Tenders (C) with Crackers</p>
<p>²² Chicken Drumstick (C) with a Waffle</p> <p>Turkey-Ham and Cheese Croissant (T)</p>	<p>²³ Yogurt, Muffin and String Cheese</p> <p>Hamburger (B) on a Bun</p>	<p>²⁴ Pepperoni Pizza (B, T)</p> <p>Black Bean Empanada with Salsa</p>	<p>²⁵ Chicken Nuggets (C) with Crackers</p> <p>Pork Ribbq Sandwich (P)</p>	<p>²⁶ Mac & Cheese</p> <p>Mini Corn Dogs (C)</p>
<p>²⁹ Cheese Pizza</p> <p>Beef Burrito (B) with Salsa</p>	<p>³⁰ Shredded Beef Tamale (B) with Salsa</p> <p>Penne Pasta Alfredo</p> <p><i>Big Spoon Fruit Sorbet</i></p>	<p>OFFERED DAILY:</p> <p><i>Sunbutter Sandwich</i></p> <p><i>(Sunflower Seed Butter and Jelly)</i></p>		

Menu
Subject to
Change
Based on
Product
Availability

One lunch is
NO COST
for all
students

Lunch
includes an
entrée, one
trip to the
garden bar
and milk

**Birthday
cups and
holiday cups
this month!**

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept web-site via the FCUSD home page for the on-line application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Meals & Nutrition)