

# August Elementary Breakfast



Cold cereal and fresh apple slices offered daily.

Students must take a minimum of a half cup of fruit.

All meals are served with 1% white milk or non-fat chocolate milk.

## Contains:

Beef (B)  
Chicken (C)  
Pork (P)  
Turkey (T)

Monday

Tuesday

Wednesday

Thursday

Friday

				
4	5	6	7	8
<p>A selection of fresh fruit served with breakfast every day. Fruit juice offered every Wednesday.</p>			French Toast Sticks	Breakfast Pizza (T)
11	12	13	14	15
Three Cheese Egg Bites	Pancakes	Breakfast Sausage (T) Bowl	Yogurt and Granola	Chicken Biscuit (C)
18	19	20	21	22
Pancake Sausage (P) Stick	Mini Cinnamon Rolls	Ham & Swiss Breakfast Croissant (P)	French Toast Sticks	Breakfast Pizza (T)
25	26	27	28	29
Three Cheese Egg Bites	Pancakes	Breakfast Sausage (T) Bowl	Yogurt and Granola	Chicken Biscuit (C)

Menu  
Subject to  
Change  
Based on  
Product  
Availability

One  
breakfast is  
NO COST  
for  
all enrolled  
students

**PLEASE NOTE:** FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD homepage for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: [www.fcusd.org](http://www.fcusd.org) (On the FCUSD home page, click on Food & Nutrition)

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FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT