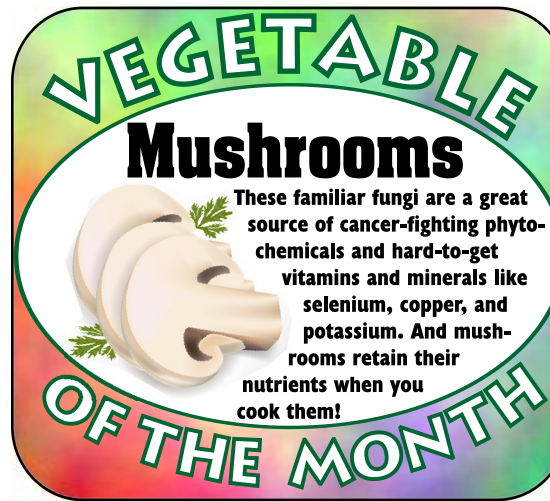


**GARVEY SCHOOL
DISTRICT**



This institution is an equal opportunity provider. Menus are subject to change.



Thursday, October 1

Breakfast
Breakfast Burrito
Milk and Fruit

Lunch
Pasta & Meat Sauce
Mixed Green Salad
Milk and Fruit

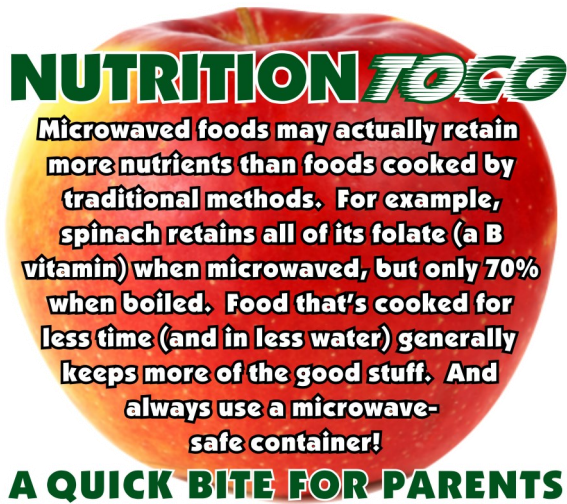
Snack
Belly Bear Grahams
Low-Fat Milk

Friday, October 2

Breakfast
Breakfast Sausage Sandwich
Milk and Fruit

Lunch
Cheese Quesadilla
Green Beans
Milk and Fruit

Snack
Rainbow Goldfish
Low-Fat Milk



Monday, October 5

Breakfast
Waffle
Milk and Fruit

Lunch
Cheeseburger Sliders
Green Peas
Milk and Fruit

Snack
Jungle Crackers
Low-Fat Milk

Tuesday, October 6

Breakfast
Pizza Bagel
Milk and Fruit

Lunch
Popcorn Chicken
Garlic Breadstick
Yellow Corn
Milk and Fruit

Snack
Honey Graham
Low-Fat Milk

Wednesday, October 7

Breakfast
Egg Patty & Hash Brown
Milk and Fruit

Lunch
Domino's or Papa John's Pizza
Baby Carrots & Ranch
Milk and Fruit

Snack
Multigrain Sun Chips
Apple Juice

Thursday, October 8

Breakfast
Apple Frudel
Milk and Fruit

Lunch
Teriyaki Chicken
& Brown Rice
Mixed Vegetables
Milk and Fruit

Snack
Farmers Market Crisps
Low-Fat Milk

Friday, October 9

Breakfast
Pancakes
Milk and Fruit

Lunch
Grilled Cheese Sandwich or
Manager's Choice
Waffle Fries
Milk and Fruit

Snack
Scooby Doo Graham Sticks
Low-Fat Milk

Monday, October 12

Breakfast
French Toast Sticks
Milk and Fruit

Lunch
"Drum-day Monday"
or Baked Chicken
Green Peas
Milk and Fruit

Snack
Goldfish Grahams
Low-Fat Milk

Tuesday, October 13

Breakfast
Pan Dulce Concha
Milk and Fruit

Lunch
"Walking Taco" Tuesday
Yellow Corn
Milk and Fruit

Snack
*New Item: Zesty Lime &
Chili Pringles Mingles*
Low-Fat Milk

Wednesday, October 14

Breakfast
Overnight Oats
or Manager's Choice
Milk and Fruit

Lunch
Cheese or Pepperoni Calzone
Baby Carrots & Ranch
Milk and Fruit

Snack
Cheez Its
Low-Fat Milk

Thursday, October 15

Breakfast
Breakfast Burrito
Milk and Fruit

Lunch
Beef Hamburgers
Mixed Green Salad
Milk and Fruit

Snack
Roasted Sunflower Kernels
Low-Fat Milk

Friday, October 16

Breakfast
Blueberry Muffin
Milk and Fruit

Lunch
Hot Dog or Corn Dog
Green Beans
Milk and Fruit

Snack
Belly Bear Grahams
Low-Fat Milk



KIDS! Please join us to celebrate National School Lunch Week, October 12-16!

*** REMINDER TO ALL K-8th
PARENTS & STUDENTS ***

**A COMPLETE
Breakfast or Lunch Meal**
must be selected by the student to
be considered **FREE \$0.00!**

Take at least

3

One must be a fruit

BREAKFAST

A COMPLETE BREAKFAST INCLUDES:

Take

3-5

One must be a fruit or
veggie

LUNCH

A COMPLETE LUNCH INCLUDES:

STUDENT A LA CARTE

Menu Item Prices for SY 26-27

Main Entrée (Breakfast) = \$3.25

Main Entrée (Lunch) = \$5.00

Fruit or Vegetable = \$1.00

Milk or Juice = \$0.75

Snack - \$1.50

GSD Board Approval Date: 08/07/2025

Monday, October 19

Breakfast

French Toast Sticks
Milk and Fruit

Lunch

Beef RibBq on Hoagie Roll
Green Peas
Milk and Fruit

Snack

Rainbow Goldfish
Low-Fat Milk

Tuesday, October 20

Breakfast

Bagel & Cream Cheese
Milk and Fruit

Lunch

Anytimers Turkey & Cheese
Lunch Kit or Sandwiches
Yellow Corn
Milk and Fruit

Snack

Sliced Apples & Sunbutter Cup
Low-Fat Milk

Wednesday, October 21

Breakfast

Scrambled Eggs & Toast
Milk and Fruit

Lunch

Domino's or Papa John's Pizza
Baby Carrots & Ranch
Milk and Fruit

Snack

Mozzarella String Cheese
Apple Juice

Thursday, October 22

Breakfast

Cinnamon Crumb Cake
Milk and Fruit

Lunch

Mandarin Orange Chicken
& Brown Rice
Steamed Broccoli
Milk and Fruit

Snack

Honey Belly Bears
Low-Fat Milk

Friday, October 23

Breakfast

Ham & Cheese Croissant
Milk and Fruit

Lunch

Chicken Tamale
Refried Beans & Cheese
Milk and Fruit

Snack

Jungle Crackers
Low-Fat Milk

Monday, October 26

Breakfast

Ultimate Breakfast Round
Milk and Fruit

Lunch

Hot Dog or Corn Dog
Crispy Baked Oven Fries
Milk and Fruit

Snack

Goldfish Grahams
Low-Fat Milk

Tuesday, October 27

Breakfast

Pancakes
Milk and Fruit

Lunch

Chicken & Vegetable
Dumplings
Yellow Corn
Milk and Fruit

Breakfast for Snack

Cheerios Cereal
Low-Fat Milk

Wednesday, October 28

Breakfast

Buttermilk Bar
Milk and Fruit

Lunch

*New Item: "Loaded" Tasty
Pizza Squares
or French Bread Pizza
Baby Carrots & Ranch
Milk and Fruit*

Snack

Scooby Doo Fruit Snack
Low-Fat Milk

Thursday, October 29

Breakfast

Breakfast Burrito
Milk and Fruit

Lunch

Chicken Fajitas & Tortillas
Mixed Green Salad
Milk and Fruit

Snack

Heartzels Pretzels
Low-Fat Milk

Friday, October 30

Breakfast

Blueberry Muffin
Milk and Fruit

Lunch

Grilled Cheese
or Manager's Choice
Green Beans
Milk and Fruit

Snack

Cheez-Its
Low-Fat Milk

AVAILABLE DAILY

****All Grain Items are Whole Grain Rich (WGR)**

Offered @ Breakfast

Variety of Seasonal Fruits & Vegetables
Cereal w/ Low-Fat Yogurt or
Cereal w/ String Cheese or
Fruit Smoothie

Offered @ Lunch

Variety of Seasonal Fruits & Vegetables
Turkey (& Cheese) Sandwich or Wrap or
Salad Shaker Cup or
Yogurt & Fruit Parfait

Monday, November 2

Breakfast

Chicken Sausage &
Maple Pancake Sandwich
Milk and Fruit

Lunch

Beef Taco Stick
Green Peas
Milk and Fruit

Snack

Fruit Roll Up
Low-Fat Milk



**GSD
Food Services
Department**

TRICK.

No matter the time of year, a big old bucket, bag, or pillow case full of all-you-can-eat sugar is never a treat -- for kids or adults. For those who feel they **MUST** collect candy, pick out a couple of favorite pieces and then toss the rest.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

**YOU NEVER
KNOW WHAT YOU
MIGHT RUN INTO
OUT THERE!**



**STAY ALERT
& BE SAFE!**