



Middle School and High School October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily: Assorted Sandwiches & Wraps Assorted Salads Yogurt & Fruit Parfait	All lunches are served with fruits, vegetables, and Organic Whole or 1% Milk. 		1 Chicken Alfredo Pasta  Butter Cheese Pasta 	2 Mac & Cheese  Pulled Pork Sandwich 
5 Pepperoni Pizza Cheese Pizza Pesto Pizza	6 Breakfast for Lunch Caprese Sandwich  (Chicken or Veggie)	7 Chili Verde Bowl  (Pork and Veggies) Bean Taquitos (Vegan)	8 Chicken & Waffles Poke Bowl  (Imitation crab or Tofu)	9  No School Today
12 Pepperoni Pizza Cheese Pizza Hawaiian Pizza	13 Fajita Bowl  (Chicken or Veggie) Corn Dog 	14 Orange Chicken or Veggie Rice Bowl  Bagel Dog	15 Chicken Alfredo Pasta  Butter Cheese Pasta 	16 Chicken Drumstick with Rice  Pizza Crunchers 
19 Pepperoni Pizza Cheese Pizza Garlic Chicken Pizza	20 Chicken Nuggets and Mashed Potatoes Bean & Cheese Pupusa	21 Teriyaki Chicken Bowl Veggie Rice Bowl  Chili with chips 	22 Bosco Sticks  Meat Lasagna 	23 Cheese French Bread Pizza Chicken Parmesan 
26 Pepperoni Pizza Cheese Pizza Combo Pizza	27 Crispy Chicken Sandwich Veggie Burger Pasta Bake	28 Cheeseburger Veggie Burger Bean & Cheese Burrito	29 Pasta with meat sauce  Pasta with Marinara 	30 Mac & Cheese  Pulled Pork Sandwich
	Menu is subject to change. This institution is an equal opportunity provider.		 Made In House	Check out our website at: www.slvsudcafe.com