

MIDDLE SCHOOL MENU

AUGUST 2024

BREAKFAST

OFFERED DAILY

MILK 1% WHITE OR NF CHOCOLATE
FRESH FRUIT & VEGGIE

MONDAY

FRESHLY BAKED BANANA CHOCOLATE MUFFIN

CEREAL

TUESDAY

FRESHLY BAKED CROISSANT

ZEE ZEE'S BIRTHCAKE BAR

WEDNESDAY

ALICIA'S SOYRIZO BURRITO (V)

CEREAL

THURSDAY

FRESHLY BAKED CINNAMON ROLL

ZEE ZEE'S BLUEBERRY LEMON BAR

FRIDAY

BAGEL & CREAM CHEESE/JAM

CEREAL

MONDAY

Beef Meatball
Pasta

Cheese Bosco
Sticks

Chicken Nuggets
& Garlic Knot

Vegetable
Dumplings
& Fried Rice

Super Duper Lunchbox
(Turkey)

Super Duper
Vegetarian Lunchbox

FOR STUDENTS WITH MEDICALLY
DIAGNOSED FOOD ALLERGIES, THERE IS A
MEAL ACCOMMODATION FORM
ON THE PUSD WEBSITE.

TUESDAY

Pepperoni
Pizza

Cheese
Pizza

teriyaki Chicken
& Brown Rice

Turkey & Cheese
Sandwich

Veggie Nachos

WEDNESDAY

Orange Chicken
& Chow Mein

Veggie
Pasta Salad

Spicy Chicken
Sandwich

Vegan
Hotdog

Honey Mustard
Chicken Salad

Honey Mustard
Veggie Salad

1 BREAKFAST AND 1 LUNCH NO CHARGE DAILY
MEALS MUST INCLUDE FRUIT OR VEGETABLE
ADDITIONAL MEAL MUST BE PURCHASED

THURSDAY

Chicken Dumplings
& Fried Rice

Paneer Wrap

Cheeseburger

Fruit & Yogurt
Parfait

Chicken Caesar
Salad

FRIDAY

Pepperoni
Pizza

Cheese Pizza

Cajun Chicken
Alfredo Pasta

Veggie Wrap

Spicy Veggie
Nuggets
& Garlic Knot

 = VEGETARIAN

 = VEGAN

MEALS SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER