

MARCH

MIDDLE SCHOOL MENU

BREAKFAST

OFFERED DAILY

MILK 1% WHITE OR NF CHOCOLATE
FRESH FRUIT & VEGGIE

MONDAY

TURKEY SAUSAGE EGG BITES

EGG BITES

CEREAL

TUESDAY

FRENCH TOAST BITES

BENEFIT BAR

WEDNESDAY

TROPICAL OVERNIGHT OATS

CEREAL

THURSDAY

ASSORTED BAGEL & CREAM CHEESE/JAM

BENEFIT BAR

FRIDAY

FRESHLY BAKED CROISSANT

CEREAL

MONDAY

Pepperoni Pizza

Hawaiian Pizza

Cheese Pizza

Chipotle Chicken
Burrito Bowl

Chipotle
Black Bean
Burrito Bowl

Edamame
Mac n Cheese
& Roll

TUESDAY

Chicken Caesar
Salad

Orange Chicken
& Rice

Meatball
Marinara Sub

Fruit & Yogurt
Parfait

Grilled Cheese
& Sweet Potato Fries

WEDNESDAY

Pepperoni Pizza

BBQ Chicken Pizza

Cheese Pizza

Veggie Nachos

Fruit & Yogurt Parfait

Chicken Parm
Sandwich

Chicken
Tikka Masala
& Rice

THURSDAY

Asian Chicken
Salad

Cheeseburger

Boneless Hot
Chicken Wings
& Onion Rings

Spicy
Veggie Nuggets
& Onion Rings

Mozzarella
Pesto
Sandwich

FRIDAY

Red Curry,
Chicken & Rice

Red Curry,
Tofu & Rice

Spicy Chicken
Sandwich

Cheese Bosco
Sticks

Super Duper
Lunchbox
(Meat or Vegetarian)

FOR STUDENTS WITH MEDICALLY
DIAGNOSED FOOD ALLERGIES, THERE IS A
MEAL ACCOMMODATION FORM
ON THE PUSD WEBSITE.

1 BREAKFAST AND 1 LUNCH NO CHARGE DAILY
MEALS MUST INCLUDE FRUIT OR VEGETABLE
ADDITIONAL MEAL MUST BE PURCHASED

🌿 = VEGETARIAN

🌱 = VEGAN

MEALS SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER