

MIDDLE SCHOOL MENU

# **BREAKFAST**

## OFFERED DAILY

MILK 1% WHITE OR NONFAT CHOCOLATE FRESH FRUIT & VEGGIE

### MONDAY

TURKEY SAUSAGE EGG BITES EGG BITES W

CEREAL W

## TUESDAY

FRENCH TOAST BITES BENEFIT BAR W

### WEDNESDAY

TROPICAL OVERNIGHT OATS

CCEREAL W

### **THURSDAY**

ASSORTED BAGEL & CREAM CHEESE BENEFIT BAR W

### **FRIDAY**

FRESHLY BAKED CROISSANT CEREAL W

MEALS SUBJECT TO CHANGE WITHOUT NOTICE

## MONDAY

## **TUESDAY**

## WEDNESDAY

## **THURSDAY**

## **FRIDAY**

Pepperoni Pizza

Hawaiian Pizza

Cheese Pizza

Chipotle Chicken

Burrito Bowl

Chipotle Black Bean

**Burrito Bowl** 

Edamame Mac n Cheese

& Roll

Chicken Caesar Salad

Orange Chicken

& Rice

meatball

Marinara Sub

Fruit & Yogurt

Parfait

Pepperoni Pizza

Asian Chicken Salad

BBQ Chicken Pizza

Cheese Pizza

Boneless

Fruit & Yogurt Parfait W

Veggie Nachos

Chicken Parm Sandwich

Chicken Tikka Masala & Rice

Cheeseburger

Hot Chicken Wings & Onion Rings

Spicy Veggie Nuggets & Onion Rings

Mozzarella Pesto V Sandwich

Red Curry, Chicken & Rice

Red Curry, tofu & Rice

Spicy Chicken Sandwich

Cheese Bosco Sticks W

Super Duper Lunchbox (w/ salami)

Super Duper

Lunchbox V (Vegetarian)

Grilled Cheese & Sweet Potato Fries

FOR STUDENTS WITH MEDICALLY DIAGNOSED FOOD ALLERGIES, THERE IS A MEAL ACCOMMODATION FORM ON THE PUSD WEBSITE.

- I BREAKFAST AND I LUNCH NO CHARGE DAILY
- MEALS MUST INCLUDE FRUIT OR VEGETABLE
- ADDITIONAL MEAL MUST BE PURCHASED