

Newport-Mesa Unified School District
Elementary Breakfast Menu
June 2024

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																																												
<p>3</p> <p>CEREAL & GRAHAM CRACKERS FRUIT YOGURT & GRANOLA RAISINS OR CRAISINS 100% FRUIT JUICE 1% LOW FAT MILK NON FAT MILK</p>	<p>4</p> <p>CEREAL & GRAHAM CRACKERS BANANA BREAD SQUARE FRESH FRUIT 100% FRUIT JUICE 1% LOW FAT MILK NON FAT MILK</p>	<p>5</p> <p>CEREAL & GRAHAM CRACKERS PANCAKE & TURKEY SAUSAGE ON A STICK BANANA 100% FRUIT JUICE 1% LOW FAT MILK NON FAT MILK</p>	<p>6</p> <p>CEREAL & GRAHAM CRACKERS ASSORTED CONCHAS FRESH FRUIT 100% FRUIT JUICE 1% LOW FAT MILK NON FAT MILK</p>	<p>7</p> <p>CEREAL & GRAHAM CRACKERS WAFFLES & TURKEY SAUSAGE FRESH FRUIT 100% FRUIT JUICE 1% LOW FAT MILK NON FAT MILK ASSORTED JELLY</p>																																																																																																																																												
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*All grains are whole grains; *Menu subject to change and not available at the following schools: ANDERSEN, EASTBLUFF, HARBOR VIEW, LINCOLN, NEWPORT COAST
**Pre-K: white milk only; alternate item offered on days that concha, oatmeal breakfast bun, or potential choking hazard items are planned.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.