

# PRE-KINDER MENU

# OCT

## MENU 2022

### GEAR UP FOR SWIM CLASS



### ANNOUNCEMENTS:

**NATIONAL SCHOOL  
LUNCH WEEK  
10/10-10/14**

All Breakfast is offered with Fresh Fruit, Juice and Assorted Milk.  
Fresh Fruit, Juice and Assorted Milk are offered daily for Lunch.  
Menu changes may occur due to Nationwide Manufacturer Shortages.  
Substitutions may vary by campus.

## MONDAY

Morning Sausage Roll

Corn Dog  
Corn

**NO  
SCHOOL**

Tamales  
Pasta Alfredo  
Broccoli

Morning Sausage Roll  
Corn Dog  
Corn

Cherry Muffin

Oven Roasted Chicken w/ Roll  
Broccoli

## TUESDAY

Yogurt w/ UBR

Frito Pie  
Refried Beans

Mini Blueberry Waffles

Enchiladas  
Black Beans

Pancake on a Stick  
Conchitas con Pollo  
Black Beans

Yogurt w/ UBR  
Frito Pie  
Refried Beans

## WEDNESDAY

Barbacoa Taco

Chicken Tenders  
Tater Tots

Egg and Potato Taco

Baked Breaded Wings  
Tater Tots

Bean and Cheese Taco  
Hamburger/Cheeseburger  
Burger Salad

Barbacoa Taco  
Chicken Tenders  
Tater Tots

## THURSDAY

Apple Breakfast Bar

Orange Mandarin Chicken  
w/Rice  
Seasoned Cucumbers

Mini Cinni Rolls

Strawberry Mandarin  
Chicken Spinach Salad w/  
Croutons

Artisan Waffle  
Spaghetti w/ Meatballs  
Cherry Tomato Cucumber Salad

Apple Breakfast Bar  
Orange Mandarin Chicken  
w/Rice  
Seasoned Cucumbers

## FRIDAY

Egg and Potato Taco

Lasagna  
Chef's Choice Vegetable

Bean & Cheese Taco

Fish Nuggets w/ Mac & Cheese  
Cucumbers

Egg and Potato Taco  
Pepperoni Pizza  
1 pk Fresh Baby Carrots  
w/ranch dressing

Egg and Potato Taco  
Lasagna  
Chef's Choice Vegetable



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
National School Lunch Program



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www.SquareMeals.org