September 2024 | PRE K

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Mini Maple Pancakes	4 Barbacoa Taco	5 Graham Crackers w/Yogurt	6 Potato & Egg Taco
Labor Day	Picadillo w/ 2 Corn Tortillas Refried Beans Assorted Cut Fresh Fruit Unflavored Milk	Hamburger/Cheeseburger Tater Tots Assorted Cut Fresh Fruit Unflavored Milk	Chicken Tenders Broccoli Assorted Cut Fresh Fruit Unflavored Milk	Cheese Sticks w/ Marinara Sauœ Assorted Cut Fresh Fruit Unflavored Milk
9 Cinn. Toast Crunch Cereal	10 Graham Crackers w/ Yogurt	11 Bean & Chorizo Taco	12 Artisan Waffle	13 Potato & Egg Taco
Tamales Corn Assorted Cut Fresh Fruit Unflavored Milk	Burrito Refried Beans Assorted Cut Fresh Fruit Unflavored Milk	Hamburger/Cheeseburger Curly Fries Assorted Cut Fresh Fruit Unflavored Milk	Orange Mandarin Chicken w/ Rice Broccoli Assorted Cut Fresh Fruit Unflavored Milk	Breaded Mozzarella Sticks w/ Marinara Sauce Assorted Cut Fresh Fruit Unflavored Milk
16 Cinn. Toast Crunch Cereal	17 French Toast Sticks	18 Ham & Cheese Biscuit	19 Blueberry Chex Cereal	20 Potato & Egg Taco
Corn Dog Broccoli Assorted Cut Fresh Fruit Unflavored Milk	Oven Roasted Chicken w/ Mac & Cheese Taco Salad Assorted Cut Fresh Fruit Unflavored Milk	Fideo c/ Pollo Curly Fries Assorted Cut Fresh Fruit Unflavored Milk	Orange Mandarin Chicken w/ Rice Corn Assorted Cut Fresh Fruit Unflavored Milk	Pepperoni Pizza Chef's Choice Vegetable Assorted Cut Fresh Fruit Unflavored Milk
23 Pancake on a Stick	24 Mini Maple Pancakes	25 Barbacoa Taco	26 raham Crackers w/Yogurt	27 Potato & Egg Taco
Dill Breaded Wings w/ Biscuit Normandy Assorted Cut Fresh Fruit Unflavored Milk	Picadillo w/ 2 Corn Tortillas Refried Beans Assorted Cut Fresh Fruit Unflavored Milk	Hamburger/Cheeseburger Tater Tots Assorted Cut Fresh Fruit Unflavored Milk	Chicken Tenders Broccoli Assorted Cut Fresh Fruit Unflavored Milk	Cheese Sticks w/ Marinara Sauce Assorted Cut Fresh Fruit Unflavored Milk

30 Cinn. Toast Crunch Cereal

Tamales Corn Assorted Cut Fresh Fruit Unflavored Milk



Watermelon

Season in Texas: May - October Did you know? You can eat the entire watermelon; some people make sweet pickles out of the rind



Food and Nutrition Division www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

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Announcements:

- All Breakfast is of fered with Fresh Fruit, Juice and Assorted Milk.
- All Lunch is offere d with Fresh Fruit and
- Unflavored Milk.
- Menu changes may occur due to
 Nationwide
- Manufacturer Sh ort-ages.
- Substitutions may vary by campus.