

October

2026

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	A FULL Breakfast includes: * 2 grain equivalents 1 grain item OR 2 smaller grain items when available * Fruit – up to 2 (½ cup portions) * Milk Students MUST select at least 3 food items, with at least 1 item being a fruit. <i>Yogurt and cheese sticks are available daily as alternative breakfast choices. Ask your cashier for availability.</i> Selections include a variety of fresh fruit and juices. All grains are whole grain rich. Milk choices are strawberry, chocolate, or white. <u>Meal Prices:</u> Breakfast \$1.75 Reduced is FREE for the 26/27 School Year * Meals are subject to change due to unplanned school closings or product availability USDA is an equal opportunity provider, employer, and lender.
28 Mini Waffles Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	29 Donut Holes Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cup 100% Fruit Juice	30 Mini French Toast Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	1 Stuffed Bagel Bites Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cups 100% Fruit Juice	2 "PICK 2DAY" Cocoa Cherry Bar, Breakfast Bar, Muffin, or Yogurt Assorted Fresh Fruits Chilled Fruit Cup	
5 Mini Pancakes Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	6 Glazed Donut Bites Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cup 100% Fruit Juice	7 Mini Cini's Pastry Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	8 Cinnamon Roll Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cups 100% Fruit Juice	9 "PICK 2DAY" Cocoa Cherry Bar, Breakfast Bar, Muffin, or Yogurt Assorted Fresh Fruits Chilled Fruit Cup	
12 Mini Waffles Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	13 Donut Dunkin Stiks Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cup 100% Fruit Juice	14 Mini French Toast Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	15 Stuffed Bagel Bites Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cups 100% Fruit Juice	16 "PICK 2DAY" Cocoa Cherry Bar, Breakfast Bar, Muffin, or Yogurt Assorted Fresh Fruits Chilled Fruit Cup	
19 No School	20 Glazed Donut Bites Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cup 100% Fruit Juice	21 Mini Cini's Pastry Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	22 Cinnamon Roll Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cups 100% Fruit Juice	23 "PICK 2DAY" Cocoa Cherry Bar, Breakfast Bar, Muffin, or Yogurt Assorted Fresh Fruits Chilled Fruit Cup	
26 Mini Waffles Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	27 Donut Holes Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cup 100% Fruit Juice	28 Mini French Toast Cereal Cup Pop-tart Assorted Fresh Fruits Chilled Fruit Cup	29 Stuffed Bagel Bites Cereal Cup Pop-tart <u>Pick two</u> Assorted Fresh Fruits Chilled Fruit Cups 100% Fruit Juice	30 "PICK 2DAY" Cocoa Cherry Bar, Breakfast Bar, Muffin, or Yogurt Assorted Fresh Fruits Chilled Fruit Cup	