

AUGUST 2025

KNIGHTS CAFE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			7	8
		WELCOME BACK!	Breakfast Bar Variety JUMBO CORN DOG	Breakfast Bun BEAN & CHEESE BURRITO
11	12	13	14	15
Egg & Cheese Burrito FAJITA CHICKEN & RICE	Mini Pancakes MUNCHABLES	Fruit & Yogurt Parfait MINI SUB SANDWICH	Lemon Bread Slice PIZZA DAY!	Dunkin' Stix CHEESY PULL-APART
18	19	20	21	22
Chocolate or Blueberry Muffin ORANGE CHICKEN & RICE	Scrambled Eggs & Potatoes CHEESEBURGER	Fruit & Yogurt Parfait PRETZEL DOG	Bagel or Bagel Bar PIZZA DAY!	Cinnamon Roll CHICKEN CALZONE
25	26	27	28	29
Waffle Variety CHICKEN DRUMSTICK	Banana Bread Slice SOFT PRETZEL & CHEESE CUP	Fruit & Yogurt Parfait CHICKEN TERIYAKI & RICE	Donut Holes PIZZA DAY!	Muffin Variety HOMESTYLE MAC & CHEESE

VEGETARIAN OPTION available daily on NES campus

MILK 50¢ without complete meal or for additional

SECONDS are available for purchase at full price

Students will complete their meals by selecting 1/2 a cup of fruit &/or vegetables from our Garden Bar or Fruit Cart, which may include local, fresh, or organic varieties.

BREAKFAST INCLUDES: Fruit, cheese stick & milk of choice

LUNCH INCLUDES: Garden Bar & milk of choice

MENU SUBJECT TO CHANGE WITHOUT NOTICE due to product availability & unforeseen circumstances. Meals will follow USDA Meal Pattern requirements.

Questions? Please contact the Nutrition Services Manager:

ckrslovic@newcastle.k12.ca.us 916.663.3307 ext. 2217