

April 2026

Knights Cafe

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No
School

7
Natl Coffee Cake Day!

Coffee
Cake

**ORANGE CHICKEN
& RICE**

8
Egg Bites or
Fruit & Yogurt
Parfait

EMPANADA

Natl Empanada Day!

9
Bagel
Bar

PIZZA

NEW & Locally
Sourced

10
Breakfast
Sandwich

**BEAN & CHEESE
BURRITO**

13
Fresh
Baked Muffin

**GRILLED CHEESE
SANDWICH**

Natl Grilled Cheese 3-12

14
Sheet Pan
Pancakes

BURGER
plain or cheese

15
Fruit & Yogurt
Parfait

**JUMBO
CORN DOG**

16
Bagel

PIZZA

NEW & Locally
Sourced

17
Cinnamon
Roll

MUNCHABLE

20
Fresh Baked
Muffin

NACHO BAR

21
Breakfast
Bar Variety

**CRISPY CHICKEN
SANDWICH**

22
Egg Bites or
Fruit & Yogurt
Parfait

**CHEESY
PULL-APART**

23
Bagel

PIZZA

NEW & Locally
Sourced

24
Breakfast
Scramble

**TERIYAKI
CHICKEN & RICE**

27
Fresh Baked
Muffin

**SOFT PRETZEL
& CHEESE**

Natl Soft Pretzel 3-26

28
Cinnamon
Roll

**JUMBO
CORN DOG**

29
Fruit & Yogurt
Parfait

BURGER
plain or cheese

30
Bagel Bar

PIZZA

NEW & Locally
Sourced

VEGETARIAN OPTION available daily on NES campus

MILK 50¢ without complete meal or for additional

SECONDS are available for purchase at full price

Students will complete their meals by selecting 1/2 a cup of fruit &/or vegetables from our Garden Bar or Fruit Cart, which may include local, fresh, or organic varieties.

BREAKFAST INCLUDES: Fruit, cheese stick & milk of choice

LUNCH INCLUDES: Garden Bar & milk of choice

MENU SUBJECT TO CHANGE WITHOUT NOTICE due to product availability & unforeseen circumstances. Meals will follow USDA Meal Pattern requirements.

Questions? Please contact the Nutrition Services Manager:

ckrslovic@newcastle.k12.ca.us 916.663.3307 ext. 2217