**BREAKFAST** 

Grades K - 8



## **AUGUST 2025**

Variety of Milk daily - 1% Fat, Non-Fat 100% Fruit Juice Offered Daily \*Contains or May Contain Pork

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Muffin	Oatmeal Breakfast Bar	Mini Pancakes	Bagel & Cream Cheese	Cinnamon Roll
or	or	or	or	or
Cereal & Trix Yogurt	Choice of Cereal & Graham Crackers	Choice of Cereal & String Cheese	Choice of Cereal & Honey Sunflower Seeds	Choice of Cereal & Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
11	12	13	14	15
Pan Dulce	Honey Bun	Egg & Cheese English Muffin	Oatmeal Breakfast Bar	Bagel & Cream Cheese
or	or	or	or	or
Cereal &	Choice of Cereal	Choice of Cereal	Choice of Cereal &	Choice of Cereal
Trix Yogurt	& Graham Crackers	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
18	19	20	21	22
			a. 5	
Chocolate Muffin	Sliced Lemon Bread	Waffle	Cinnamon Roll	Oatmeal Breakfast Ba
or	or	or	or	or
Cereal &	Choice of Cereal	Choice of Cereal	Choice of Cereal &	Choice of Cereal
Trix Yogurt	& Graham Crackers	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
25	26	27	28	29

Healthy School Breakfast Helps Ensure Students' Academic Success in School.....Make Breakfast a Priority!

Better Learning. Students learn best when they have eaten a good breakfast.

**Improved Classroom Behavior**. Students are better able to pay attention in class when they have eaten.

**Fewer Trips to the School Nurse**. When students eat breakfast, nurses report fewer hunger related office visits.



This institution is an equal opportunity provider and employer.

Daily menu selections are subject to substitution by items of equal nutritional value as required.