La Habra City School District

## SEPTEMBER 2025

**BREAKFAST** 

Grades K - 8

Choice of Milk daily - 1% Fat, Non-Fat 100% Fruit Juice Offered Daily \*Contains or May Contain Pork

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pan Dulce	French Toast Sticks	Bagel & Cream Cheese	Honey Bun
Labor Day / No School	or	or	or	or
	Choice of Cereal &	Choice of Cereal	Choice of Cereal &	Choice of Cereal
	Trix Yogurt	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
1	2	3	4	5
Chocolate Muffin	Oatmeal Breakfast Bar	Sunrise Breakfast *Sandwich	Cinnamon Roll	Sliced Lemon Bread
or	or	or	or	or
Choice of Cereal &	Choice of Cereal	Choice of Cereal	Choice of Cereal &	Choice of Cereal
Trix Yogurt	& Graham Crackers	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
8	9	10	11	12
Pan Dulce	Bagel & Cream Cheese	Mini Pancakes	Oatmeal Breakfast Bar	Honey Bun
or	or	or	or	or
Choice of Cereal &	Choice of Cereal	Choice of Cereal	Choice of Cereal &	Choice of Cereal
Trix Yogurt	& Graham Crackers	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
15	16	17	18	19
Chocolate Muffin	Cinnamon Roll	Pancake *Sausage Stick	Mini Cinnis	Oatmeal Breakfast Bar
or	or	or	or	or
Choice of Cereal &	Choice of Cereal	Choice of Cereal	Choice of Cereal &	Choice of Cereal
Trix Yogurt	& Graham Crackers	& String Cheese	Honey Sunflower Seeds	& Graham Crackers
Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit	Variety of Fruit
22	23	24	25	26
Pan Dulce	Bagel & Cream Cheese		Meals at no charge for all students for the 2025-2026 school year.	
or	or	The state of the s		
Choice of Cereal &	Choice of Cereal		101 the 2025-20	20 School year.
Trix Yogurt	& Graham Crackers	The second second	Breakfast offered daily	before school and during
Variety of Fruit	Variety of Fruit		nutrition break.	
29	30			

This institution is an equal opportunity provider and employer.

Daily menu selections are subject to substitution by items of equal nutritional value as required.