



Northport High School April Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Alternates</u> Pizza (V)(GF) Burgers (GF) Chicken Sandwich Garden Salad w/ protein (V)(GF) Deli Sandwich (V)(GF)	<u>Additional Gluten free and Vegetarian options are available. Ask your cooks</u>	FRUIT & MILK CHOICE W/ All Meals	<u>We Use Boar's Head Premium Deli Meats</u>  Boar's Head	
	1 Macho Nach's Tortilla cheese w/ meat & cheese W/ Salsa & sour cream Black beans Applesauce	2 Pizza Crunchers Roasted and seasoned Broccoli	3 BRUNCH FOR LUNCH Pancakes w/ syrup Sausage Tater tots	4 Mozzarella Sticks W/ Dipping Sauce Tossed Salad
7 Boneless Buffalo Wings <i>Mild or Spicy</i> w/ ranch dip Carrot Sticks WG Crackers	8 Hot open turkey Sandwich Mashed Potatoes w/ gravy Sweet Corn Cranberry	9 Triple cheese grilled cheese (cheddar, American & mozz) Creamy Tomato Soup	10 BRUNCH FOR LUNCH French Toast w/ syrup Crisp Bacon Tater tots Mozzarella cheese stick	11 Pizza Sticks Rippinz W/ Dipping Sauce Dipping sauce Tossed Salad
14 NO SCHOOL SPRING BREAK	15 NO SCHOOL SPRING BREAK	16 NO SCHOOL SPRING BREAK	17 NO SCHOOL SPRING BREAK	18 NO SCHOOL SPRING BREAK
21 Popcorn Chicken Carrots sticks BBQ Baked Beans WG crackers	22 FAJITA BOWL Grilled Chicken Strips w/ onions and peppers over rice Salsa & sour cream	23 BBQ Chicken bacon cheddar ranch Flatbread Steamed Broccoli	24 BRUNCH FOR LUNCH Waffles w/ syrup Sausage Tater tots	25 Mozzarella Sticks W/ Dipping Sauce Tossed Salad
28 Chicken Tenders Roasted broccoli Topped w/ cheese sauce Fruit Cup	29 Macho Nach's Tortilla cheese w/ meat & cheese W/ Salsa & sour cream Black beans Applesauce	30 Philly Cheese Steak Roasted peppers & onions Cheddar & Mozzarella Seasoned Carrots		

Daily Boars Head Premium Deli Sandwich
 The Godfather - Ham, Salami, Pepperoni, Provolone
 Cow Harbor - Spicy Chicken, Mozzarella, Turkey
 The Tiger Stripe - Ham, Turkey, & American

This institution is an
 equal opportunity
 provider & employer

**MENU IS SUBJECT
 TO CHANGE**

Regular Lunch-\$3.50

Please register at
 MySchoolBucks.com
 To make pre-payments,
 Check balances and
 Transaction history.
 Look on our District
 Website for details.

Meal Components

Meat/Meat

alternative

2 oz. daily

Whole Grain

2 oz. daily

Vegetable

1 cup daily

Fruit

1 Cup daily

Milk – 8 oz. milk
 choice

USDA Regulations

Students must take
 3 of 5 components
 1 of which must be a
 fruit or vegetable

Make Breakfast a Part of Your Day \$2.60

Fresh Egg sandwiches
 Fresh Bagels
 Assorted Muffins
 Yogurt w/ granola
 Smoothies (when available)
 Cereal
 Juice or Fruit & Milk