



Edgecombe County Public Schools K-8 Menus for May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change Without Notice	<u>Daily Breakfast Offerings</u> Whole Grain Cereal Bars Pop Tarts 100% Fruit Juice Unflavored & Flavored Skim Milk and Unflavored 1% Milk	<u>Daily Lunch Offerings</u> Chef Salad Unflavored & Flavored Skim Milk and Unflavored 1% Milk <u>Monday, Thursday, & Friday Lunch Offering</u> PB&J Sandwich Combo	May 1 Breakfast Muffin Strawberry Craisins Chicken Nuggets w/Biscuit Mashed Potatoes Garden Peas Chilled Applesauce Cup	May 2 Cinnamon Roll Chilled Tropical Mixed Fruit Pepperoni Pizza Cheese Pizza Sweet Potato Waffle Fries Green Beans Mandarin Oranges Fresh Fruit
May 5 Mini Berry Waffle Fresh Fruit Chicken Filet Sandwich Corn Dog Nuggets Potato Smiles Broccoli w/Cheese Chilled Diced Pears Fresh Fruit	May 6 Sausage Biscuit Strawberry Craisins Salisbury Steak w/Gravy & Rice BBQ on Bun Black-Eye Peas Tater Tots Chilled Mixed Fruit	May 7 Strawberry Pancakes Fresh Fruit Cheesy Beefaroni W/Garlic Toast Candied Yams Whole Kernel Corn Chilled Peach Cup Fresh Fruit	May 8 Breakfast Muffin Watermelon Craisins Popcorn Chicken w/Biscuit Mashed Potatoes Mixed Vegetables Chilled Pineapples	May 9 Glazed Cinnamon Bun Chilled Tropical Mixed Fruit Pepperoni Pizza Cheese Pizza Sweet Potato Waffle Fries Green Beans Chilled Strawberry Cup Fresh Fruit
May 12 Breakfast Muffin Fresh Fruit Cheesy Bites w/Salsa Hot Dog on Bun w/Chili Seasoned Fries Baked Beans Chilled Diced Pears Fresh Fruit	May 13 Turkey Ham & Cheese Croissant Strawberry Craisins Chicken Alfredo w/Garlic Breadstick Broccoli w/Cheese Whole Kernel Corn Chilled Mixed Fruit Fresh Fruit	May 14 Confetti Pancake Fresh Fruit Baked or BBQ Chicken Roll, Mac & Cheese Steamed Collards Candied Yams Chilled Diced Peaches Fresh Fruit	May 15 Cherry Strudel Stick Cherry Craisins Dill Chicken Bites w/Biscuit Mashed Potatoes Garden Peas Chilled Pineapple	May 16 Cinnamon Roll Chilled Tropical Mixed Fruit Individual Pepperoni Pizza Pizza Sticks w/Salsa Sweet Potato Fries Green Beans Chilled Mandarin Oranges Fresh Fruit
May 19 Mini French Toast Fresh Fruit Tacos w/Chips & Trimmers Chicken Fajita w/Salsa Broccoli w/Cheese Crinkle Cut Fries Chilled Diced Pears Fresh Fruit	May 20 Sausage & Cheese Bagel Fresh Fruit Bacon Cheeseburger Corn Dog Nuggets Shoestring Fries Baked Beans Chilled Mixed Fruit Fresh Fruit	May 21 Pancake Sausage Stick Fresh Fruit Seasoned Rotisserie Chicken w/Gravy & Roll Mashed Potatoes Steamed Collards Candied Yams Chilled Peach Cup Fresh Fruit	May 22 Chicken Biscuit Watermelon Craisins Mandarin Orange Chicken w/Vegetable Fried Rice Baby Carrots w/Dip Garden Peas Chilled Pineapples	May 23 Glazed Cinnamon Bun Chilled Tropical Mixed Fruit Pepperoni Pizza Cheese Pizza Sweet Potato Waffle Fries Green Beans Chilled Strawberry Cup Fresh Fruit
May 26 No School Memorial Day Holiday	May 27 Cherry Strudel Stick Fresh Fruit Cheesy Bites w/Salsa Tater Tots Black-Eye Peas Chilled Mixed Fruit Fresh Fruit	May 28 Chicken Waffle Sandwich Fresh Fruit Spicy Chicken Sandwich Steamed Collards Candied Yams Chilled Peach Cup Fresh Fruit	May 29 Breakfast Muffin Strawberry Craisins Chicken Nuggets w/Biscuit Mashed Potatoes Garden Peas Chilled Applesauce Cup	May 30 Cinnamon Roll Chilled Tropical Fruit Mix Pepperoni Pizza Cheese Pizza Sweet Potato Waffle Fries Green Beans Chilled Mandarin Oranges Fresh Fruit
Food Allergy Disclaimer: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens.				

Families Making the Connection

Take a Screen Break!

May 5-9 is Screen Free Week! This annual, international celebration promotes reading, playing, thinking, creating, getting active, and spending more time with family and friends instead of watching TV, surfing the web, or playing with apps and video games. You can still use devices for work or school.

Why go screen free?

- Screen time can take away from physical activity that everyone needs to be healthy. Kids and adults who are active are more likely to be at a healthy weight, be sick

less often, and sleep better. They are also able to focus, do better in school or at work, and are less likely to feel stressed or depressed.

- Excessive screen time can take us away from connecting with others.

Learn more and find resources at <https://screenfree.org>.