

VT HARVEST OF THE MONTH - NOVEMBER

Winter Squash



November

Robinson Elementary School

Doreen Bortz, Manager Amy Johnson, Assistant

MONDAY

3 QUESADILLAS Cheese quesadilla on WG Tortilla **Brown Rice** Fiesta Refried Beans Salsa Corn **Fruit Selection**

Shepherd's Pie W/ Mashed Potato WG Dinner Roll **Green Beans Fruit Selection**

TUESDAY

WEDNESDAY

5 Early Release Day Turkey & Cheddar or **Hummus & Cheddar** Sandwich on WG Bread Baby Carrots w/ Dip Chocolate Chip Cookie Apple

PIZZA Cheese, Pepperoni, or Veggie Pizza **Buttered Sweet Peas** Caesar Salad w/Romaine Fruit Selection

THURSDAY

7_{Cheesy Chicken} Alfredo or Cheesy Alfredo w/ **WG Penne Pasta WG Garlic Knot Broccoli Fruit Selection**

FRIDAY

10 **Grilled Cheese** Sandwich on WG Bread Tomato Tortellini Soup **Red Potato Wedges Fruit Selection**

11 Chicken Curry or **Tofu Curry Brown Rice** WG Flatbread Triangles Broccoli **Fruit Selection**

12 TACOS Beef or Bean on WG Tortilla **Shredded Lettuce** Corn Salsa Seasoned Black Beans **Fruit Selection**

13 Meatball & Mozzarella or Roasted Veggie Sub on WG Bread with Marinara **Green Beans Roasted Cauliflower Fruit Selection**

14 Parmesan Chicken or **Tofu Caesar Wrap** on WG Tortilla Baby Carrots w/ Dip **Roasted Chickpeas Fruit Selection**

17 Hamburger, Cheeseburger or Veggie Burger on WG Bun Vegetarian Baked Beans **Sweet Potato Fries Fruit Selection**

Macaroni & Cheese **WG Dinner Roll Green Beans Fruit Selection**

19 Cheese, Pepperoni, or Veggie Pizza **Carrot Sticks** Caesar Salad w/Romaine **Fruit Selection**

20 Turkey & Biscuit **Mashed Potato Butternut Squash Buttery Peas** Homemade Biscuit **Cranberry Sauce** Apple Crisp Fruit Selection

21 **Baked Potato** with Toppings Ham/ Cheese/ Broccoli Homemade Muffin Corn **Fruit Selection**

NO SCHOOL

28 NO SCHOOL

We source local ground beef, chicken, maple syrup, eggs, produce, apples, dairy and more!

> Students must choose a 1/2 cup of fruit or veggie for a complete meal.

Milk Comes with every meal

for additional fruits & veggies, our Fresh Fruit & Veggie Bar is open daily!

Alternate Meal

WG Bagel w/ Cream Cheese, Cheese Stick & 4 oz Yogurt w/ daily side dishes

Breakfast Menu

MONDAY - Mini Pancakes, Fruit, Milk TUESDAY - WG Baked Good, Fruit, Milk WEDNESDAY - WG Muffin, 4 oz Yogurt, Fruit, Milk THURSDAY - WG Cereal, String Cheese, Fruit, Milk FRIDAY - Breakfast Sandwich, Juice, Milk WG Cereal, Apples, & Fruit available every day.

Menu subject to change.

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NO SCHOOL

25

18

NO SCHOOL

26

NO SCHOOL