

## **FEBRUARY is National SWEET POTATO MONTH**

Try them once a week with School Lunch

Packed with Vitamin A & C to keep you healthy & strong



**LOCAL FOOD CHAMPION** 

District

Doreen Bortz, Manager with Amy Johnson

**MONDAY** 

**TUESDAY** 

WEDNESDAY

THURSDAY

**FRIDAY** 

**Grilled Cheese** Sandwich on WG Bread Tomato Tortellini Soup **Edamame Beans** Fresh Fruit & Veggie Bar

Mexican Taco with Beef or Beans **Brown Rice** Corn Green Beans Fresh Fruit & Veggie Bar

Homestyle Chicken & Biscuit or Crispy Baked Tofu **Buttery Green Beans Sweet Potato Wedges** Fresh Fruit & Veggie Bar

WG Spaghetti w/ Meat Sauce or **Marinara Sauce** Roasted Broccoli **Cottage Cheese** WG Dinner Roll Fresh Fruit & Veggie Bar

Crispy WG Chicken Tenders or Impossible Nuggets **Garlic Knot Baked Beans Mashed Potatoes** Fresh Fruit & Veggie Bar

10 Cabot Macaroni & Cheese with WG Elbow Macaroni WG Dinner Roll **Buttery Green Beans** Fresh Fruit & Veggie Bar

Local Beef or Bean Tacos **WG Tortilla Brown Rice** Shredded Lettuce Corn Salsa Fresh Fruit & Veggie Bar 12 EARLY RELEASE DAY Ham & Cheddar on **WG Croissant Baby Carrots & Dip** Sun Chips Apple

**Baked Potato Day Baked Potato** w/ Fixins Broccoli, Ham, Cheddar **WG Pumpkin Bread** Coleslaw Fresh Fruit & Veggie Bar 14 BBQ Chicken File Sandwich on WG Bun **Hearty Baked Beans Sweet Potato Fries** Valentine Slushie Fresh Fruit & Veggie Bar

WG Rotini with **Marinara Sauce** WG Dinner Roll Buttered Green Beans **Cottage Cheese** Fresh Fruit & Veggie Bar

18 **Cheesy Beef or Bean** Burrito in WG Tortilla **Brown Rice** Corn Salsa Fresh Fruit & Veggie Bar

19 Cheesy Scrambled Egg WG French Toast Sticks Sausage Patty Steamed Broccoli **Roasted Red Potatoes** Fresh Fruit & Veggie Bar

**Burger Day** Hamburger, Cheeseburger Veggie Burger on WG Bun Chickpea Salad **Tender Sweet Peas** Fresh Fruit & Veggie Bar

30

21 Turkev Bacon Cheddar or Hummus & Veggie Wrap on WG Tortilla Sweet Potato **Waffle Fries** Fresh Fruit & Veggie Bar

27

**NO SCHOOL** 

28

**NO SCHOOL** 

29

**NO SCHOOL** 

**NO SCHOOL** 

**NO SCHOOL** 

31

We source local ground beef, chicken, maple syrup, eggs, produce, apples, dairy and more!

\*\*Milk Comes with every meal\*\*

**Alternate Meal** 

Bagel w/ Cream Cheese, Cheese Stick &/or 4 oz Yogurt w/ daily side dishes

## **Breakfast Menu**

MONDAY - WG Baked Good, Juice, Milk TUESDAY - Breakfast Sandwich, Fruit, Milk WEDNESDAY - WG Muffin with Yogurt, Fruit, Milk THURSDAY - WG Mini Pancake Bites, Fruit, Milk FRIDAY - WG Cereal or Oatmeal, Fruit, Milk

Menu subject to change.