

# **National STRAWBERRY Month**



**Vermont HARVEST of the Month - EGGS** 

**Packed with Protein** 

1

#### MONDAY

#### **TUESDAY**

#### WEDNESDAY

### THURSDAY

Turkey Bacon, Cheddar

or Hummus & Veggie

Wrap on WG Tortilla

**Sweet Potato Waffle** 

Fries

Fresh Fruit & Veggie Bar

WG Spaghetti

Marinara Sauce

Dinner Roll

Roasted Broccoli

#### FRIDAY

**FISH N' CHIPS** Crispy Flsh Sticks **Tartar Sauce Potato Wedges** 

Broccoli **WG Biscuit** 

Fresh Fruit & Veggie Bar

Crispy Chicken Tenders or Impossible Nuggets WG Waffles **Mashed Potates** 

Fresh Fruit & Veggie Bar

12

Golden Grilled Cheese on WG Bread **Sweet Potato Waffle** Fries **Tomato Soup** 

Fresh Fruit & Veggie Bar

**Beef or Bean Tacos** with WG Tortillas **Brown Rice** Corn Salsa Fresh Fruit & Veggie Bar

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Chicken Filet or Tofu

Sandwich on WG Bun

Vegetarian Baked

**Beans** 

**Roasted Cauliflower** 

13

Homestyle Chicken & **Biscuits or White Bean Stew Buttered Green** Beans

**EARLY RELEASE DAY** 

Ham & Cheddar or

Cheddar Slices on

WG Croissant

**Baby Carrots** 

with Dip

Chips Apple

with Meat Sauce or Fresh Fruit & Veggie Bar Fresh Fruit & Veggie Bar

15

PIZZA DAY Cheese, Pepperoni, Veggie or Chef's Choice Caesar Salad w/ Croutons Fresh Fruit & Veggie Bar

16

Baked Potato w/ **Fixins** (Broccoli, Ham, Cheddar) **WG Dinner ROll Rainbow Pepper** Strips Fresh Fruit & Veggie Bar

Macaroni & Cheese WG Dinner Roll **Honey Glazed Carrot** Fresh Fruit & Veggie Bar

w/ Marinara Sauce

Steamed Broccoli

esh Fruit & Veggie Bar

Cabot Cheddar

Fresh Fruit & Veggie Bar 19 20 Cheesy Breaksticks

**Burritos** Local Beef or Bean on WG Tortilla with Cheddar Cheese **Brown Rice** Corn Salsa Fresh Fruit & Veggie Bar

21

14

**BREAKFAST FOR LUNCH** Scrambled Egg Bites Sausage or Cheese WG Pancake **Buttered Green Beans** Fresh Fruit & Veggie Bar

Turkey Bacon, Cheddar or Hummus & Veggie Wrap on WG Tortilla Sweet Potato Waffle Fries Fresh Fruit & Veggie Bar

23

Hamburger or Cheeseburger or Veggie Burger on WG Buns **Baked Beans Baked French Fries** Fresh Fruit & Veggie Bar

26

**NO SCHOOL** 

Nachos w/ Local Beef or Beans **Cheese Sauce WG Corn Chips** Corn Salsa Fresh Fruit & Veggie Bar 28 PIZZA DAY

Cheese, Pepperoni, Veggie or Chef's Choice Caesar Salad w/ Croutons **Roasted Chickpeas** Fresh Fruit & Veggie Bar

Orange Chicken or Tofu **Brown Rice Roasted Green Beans Edamame Beans** Fresh Fruit & Veggie Bar

30 Meatball or Roasted Veggie Sub with Mozzarella & Marinara on WG Roll **Roasted Carrot Coins** Fresh Fruit & Veggie Bar

Strawberries are a good source of vitamin C, manganese, folate (vitamin B9), and potassium



May Menu Robinson School

Doreen Bortz, Manager **Amy Johnson** 

We source local ground beef, chicken, maple syrup, eggs, produce, apples, dairy and more!

\*\*Milk Comes with every meal\*\*

**Alternate Meal** 

Bagel w/ Cream Cheese, Cheese Stick &/or 4 oz Yogurt w/ daily side dishes

## **Breakfast Menu**

MONDAY - WG Baked Good, Juice, Milk TUESDAY - Breakfast Sandwich, Fruit, Milk WEDNESDAY - WG Muffin with Yogurt, Fruit, Milk THURSDAY - WG Mini Pancake Bites, Fruit, Milk FRIDAY - WG Cereal or Oatmeal, Fruit, Milk

Menu subject to change.

This institution is an equal opportunity provider.