

SCHOOL LUNCH HERO DAY



- 2023 -

MAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Azusa Unified School District K-8 Lunch Menu

1 Meatball Sub Sandwich
Or
Grilled Bean and Cheese Burrito
Garlic Green Beans
Fruit and Vegetable Bar

2 Chicken Smackers with Food & Nutrition Crackers and Deli Roasted Potatoes
Or
Yogurt Parfait with Berries
Fruit and Vegetable Bar

3 Teriyaki Chicken with Brown Rice Edamame
Or
Peanut Butter & Jelly Sandwich
Fruit and Vegetable Bar

4 Turkey Ham Sub Sandwich
Rainbow Goldfish
Or
Pretzel Vegetarian Box Meal
Fruit and Vegetable Bar
Vegetable Juice

Lunch Hero Day
Brunch Chicken and Waffles
Broccoli Salad
Or
Grilled Cheese Sandwich
Berry Berry Fruit Slushie

8 Beef Hotdog with Crackers
Roasted Carrot Sticks
Or
Grilled Bean and Cheese Burrito
Fruit and Vegetable Bar

9 Cheeseburger With Potato Smiles
Or
Yogurt Parfait with Fresh Strawberry Fruit Cup
Vegetable Bar

10 Chicken Fajitas
Spanish Rice and Refried Beans
Or
Grilled Cheese Sandwich
Fruit and Vegetable Bar

11 Individual Pepperoni Pizza
Or
Individual Cheese Pizza
Green House Salad
Fresh Fruit & Vegetable Bar
Pizza Hut at Murray, Paramount, Ellington, Valleydale & Longfellow

12 Breaded Chicken Sandwich with Multi Grain Chips
Or
PB & Jelly Sandwich
Fruit and Vegetable Bar
100 % Fruit Slushie

15 Tater Tot Beef Nachos with Tortilla Chips
Refried Beans
Guacamole and Salsa
Or
Grilled Cheese Sandwich
Fruit & Vegetable Bar

16 Chicken and Waffle Sandwich and Coleslaw
Or
Yogurt Parfait with Berries
Fruit and Vegetable Bar

17 Orange Chicken with Vegetable Fried Rice
Mixed Vegetables
Or
Peanut Butter & Jelly Sandwich
Fruit and Vegetable Bar

18 BBQ Chicken Sandwich
Or
Chef's Choice
Pizza Hut at Hodge, Dalton, Lee, Magnolia & Powell
Super Green Salad
Fruit and Vegetable Bar

19 Chicken Corn Dog
Or
Grilled Bean and Cheese Burrito
Tex Mex Corn Salad
Fruit & Vegetable Bar

22 Meatball Sub Sandwich
Or
Grilled Bean and Cheese Burrito
Garlic Green Beans
Fruit and Vegetable Bar

23 Chicken Smackers with Food & Nutrition Crackers and Coleslaw
Or
Yogurt Parfait with Berries
Fruit and Vegetable Bar

24 Teriyaki Chicken with Brown Rice Steamed Broccoli
Or
Peanut Butter & Jelly Sandwich
Fruit and Vegetable Bar

25 Turkey Ham Sub Sandwich
Rainbow Goldfish
Or
Pretzel Vegetarian Box Meal
Fruit and Vegetable Bar
Vegetable Juice

26 Breaded Chicken Sandwich with Baked BBQ Chips
Or
Chef's Choice
Fruit and Vegetable Bar
Fire Roasted Corn



30 Cheeseburger With Potato Smiles
Or
Yogurt Parfait with Fresh Strawberry Fruit Cup
Vegetable Bar

31 Brunch Chicken Drumsticks and Waffles
Steamed Broccoli
Or
PB & Jelly Sandwich
Fruit and Vegetable Bar
100 % Fruit Cup



Additional Middle School Daily Offerings
Spicy Chicken Sandwich
Breaded Chicken Sandwich
Cheeseburger
Yogurt Parfait
Spicy Chicken Wrap
Turkey Sandwich with BBQ Chips
Pizza Hut Every Tuesday and Thursday

All meals are offered with non-fat chocolate or 1% white or non-fat flavored milk and ½ cup of fruit and ½ cup vegetable. All grains are whole grain-rich. Please visit our website at www.azusa.org for further details or call our office team at (626) 732-8057 if you need additional information



CA IS FIRST STATE TO PROVIDE FREE SCHOOL MEALS FOR ALL